



- Exclusive strapping design allows for easy placement.
- Soft, "frost-free" surfaces protect your skin.
- Non-toxic, biodegradable gel holds therapeutic temperatures longer.
- Store in freezer; heat in microwave or hot towel cabinet.

Pain Management System

Our Dual Comfort Packs provide hot or cold therapy to virtually anywhere on your body. We use a unique elastic strapping system that fastens anywhere on the plush, high-nap surface (dark blue surface) to keep them securely in place.

Slow or Rapid-Release Therapy

The Dual Comfort Packs feature two "frost-free" surfaces to provide a full-range of treatment. The plush surface provides slow-release

treatment while the rapid release surface provides quicker results for more acute situations.

Versatile Therapeutic Comfort

Great for strains, sprains, tendinitis and other injuries, these packs are available in various sizes to treat virtually any spot on your body. Non-toxic, biodegradable gel retains therapeutic temperatures longer. Store in the freezer until needed; stays soft and pliable. Heat in microwave or hot towel cabinet.







Specifications

Dimension	18	Weight	
•#530	3x5"	0.25	lbs.
•#531	6x10"	1.5	lbs.
•#532	10x13"	3.5	lbs.
•#533	6x20"	2.0	lbs.
•#534	9x16"	4.0	lbs.
	(tri-sectiona	l pad)	

Shipping	Weight			
•#530	12	per case	5	lbs.
•#531	12	per case	20	lbs.
•#532	6	per case	23	lbs.
•#533	12	per case	26	lbs.
•#534	6	per case	26	lbs.
	(tri-se	ectional pa	nd)	

Color

Two-tone blue with black straps





Making Your Life More Comfortable.

Dual Comfort™ Hot and **Cold Therapy Packs**



Instructions

The Dual Comfort Pack features two "frost-free" surfaces and a unique strapping system that provides therapeutic temperatures with secure positioning. The plush, high-nap surface provides slow-release treatment while the rapid-release surface provides quicker results for more acute situations. The strapping, which easily affixes to the plush surface, allows you to place this pack virtually anywhere you need hot & cold therapy relief.

For best results, store the pack in your freezer. Store flat. Freeze for 1 to 2 hours to chill. To heat, place flat in your microwave and heat as instructed. Do not overheat. If you have questions about the use of this hot & cold pack, consult your doctor. Do not use on broken skin. Individuals with circulation problems, the disabled and children should use this product only with supervision of a doctor.

Heating

All values are based on a cold pack. Knead after each heating. Microwave ovens vary; Use care when heating and removing pack from microwave. Overheating your pack may cause it to rupture and leak. Carefully check the pack with the back of your hand before applying. Discard pack if punctured or broken.

3x5" Pack: Heat 15 seconds on high heat, knead, then at 5 second intervals until desired temperature. Knead after each heating.

6x10" Pack: Heat 30 seconds on high heat, knead, then at 10 second intervals until desired temperature. Knead after each heating.

10x13" Pack: Heat 30 seconds on high heat, knead, then at 10 second intervals until desired temperature. Knead after each heating.

6x20" Pack: Heat 30 seconds on high heat, knead, then at 10 second intervals until desired temperature. Knead after each heating.

Tri-Sectional Pack: Heat 30 seconds on high heat, knead, then at 10 second intervals until desired temperature. Knead after each heating.

Care of Pack

Remove straps and hand wash packs with warm, soapy water. Air dry flat.





Available from:		