

TRAINING PADDLES



Freestyler Paddles

FREESTYLE TRAINING PADDLES

Patented Hydrodynamic Shape

Decreases resistance and planes the hand forward, lengthening each stroke

Patented Skog Design

Streamlines and straightens hand entry

Instant Stroke Feedback

Paddle rotates and straightens at swimmer's correct hand entry



Jr Paddles

Style: 1.05.020.50 | MSRP \$19.99

Jr | Style: 1.05.006.48 | MSRP \$15.99

Replacement Paddle Tubing Freestyler

Style: 1.05.029 | MSRP \$2.99

U.S.A. Patented



Forearm Fulcrum

EARLY VERTICAL FOREARM TRAINING TOOL

Teaches Early Vertical Forearm (EVF) Position

Promotes a proper stroke pull that utilizes the entire forearm

Develop EVF Muscle Memory

Locks hand, wrist and forearm into optimal position; does not allow wrist to break

High Elbow Position

Initiates pull by lifting the elbow for a high catch



For smaller arms or under the age of 12

[Size Chart p74]

Style: 1.05.028.50 | MSRP \$19.99

Jr | Style: 1.05.028.48 | MSRP \$19.99

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