



**INFRARED SAUNA SYSTEM
MODELS: LS-1P-3CH13&LS-2P-
5CH13**



Welcome

Thank you for purchasing our sauna products, we congratulate you on your new path to better health. We, at Life smart are striving to become the best infrared sauna supplier in the country; our list of consumers increase daily and we believe your success is our success. We attribute this growth and success entirely to our customer satisfaction, the recognized health benefits, and the quality of our workmanship. At our factory, we use only the finest materials coupled with state-of-art construction and the highest safety standard in the industry.

Introduction

We congratulate you on your new path to better health! Thousands of users enjoy the benefits of an infrared sauna every day. Now you can enjoy the great benefits of far-infrared heat within the privacy of your own home.

Please read this manual carefully and thoroughly before using an Infrared Sauna for the first time. We recommend for you to keep this manual for future reference.

Benefits:

- Superior Detoxification: Removes Heavy Metals & Fat-stored Toxins
- Increased Cardiovascular Conditioning
- Stimulated Immune System
- Improved Circulation
- Pain Relief
- Weight Loss and Cellulite Reduction
- Beautiful Skin
- Stress Reduction

Features:

- High quality wood craftsmanship
- High quality electronic control system & digital control panel
- Pre-assembled board and build-in electrical elements makes the installation easy
 - Accurate temperature sensor
 - Energy efficient
 - Comfortable backrest
 - Considerate detailed designs

Model List



LS-1P-3CH13



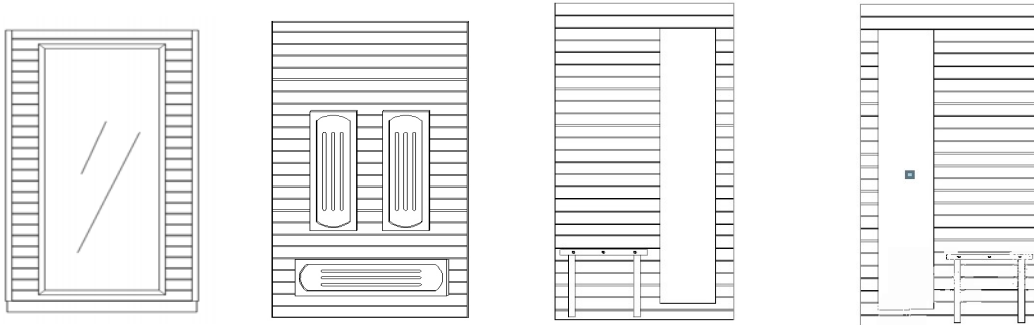
LS-2P-5CH13

Packing List for LS-1P-3CH13&LS-2P-5CH13

For any missing parts please contact your local distributor.

1. Front Panel 2. Back Panel 3. Side Panel (L) 4. Side Panel (R) 5. Bottom Panel 6. Top Panel 7. Roof Cover 8. Bench Panel 9. Bench Support 10. Backrest 11. AUX Connector 12. LED White Light 13. Screws list

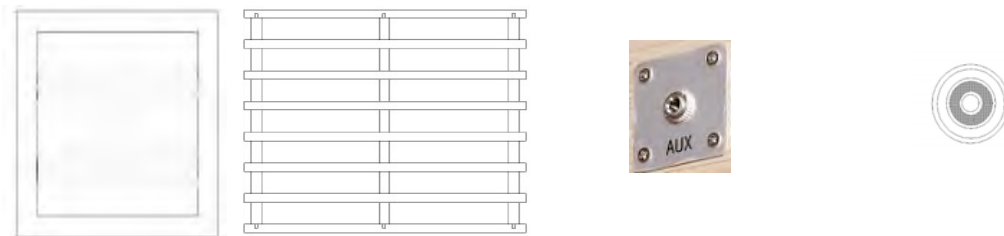
1. Front Panel 2. Back Panel 3. Side Panel (L) 4. Side Panel (R)



5. Bottom Panel 6. Top Panel 7. Roof cover 8. Bench Panel



9. Bench Support 10. Backrest 11. AUX Connector 12. LED white light

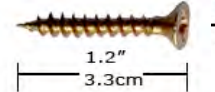


13. Screws list

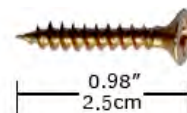
- 1) Screws for bench Support *2 pieces...



- 2) Screws for bench Backrest *4 pieces..



- 3) Screws for Roof cover *8 pieces....



- 4) For installing IPOD case (1 piece)



Installation Requirements

1. Do not plug any other appliances into the outlet with your infrared sauna.
2. Only 110/120V outlet is required for those three models.
3. Install the sauna on a completely level floor.
4. Do not spray the exterior with water. If the floor is damp, install a floor separator to keep the sauna high & dry.
5. Do not store flammable objects or chemical substances near the sauna.
6. The sauna must be placed indoors and in a dry area. Moisture will cause damage to the interior and exterior of the sauna.

Assembly Instructions for LS-1P-3CH13&LS-2P-5CH13

Assembly of the sauna requires at least 2 adults to complete. Please read the instructions thoroughly before and during assembly to ensure proper installation of the sauna.

<1> LOCATION OF SAUNA

When you find a good location for your sauna, please notice the following.

1. The main power cord on the sauna must be easily accessible.
2. The location must be dry and leveled.

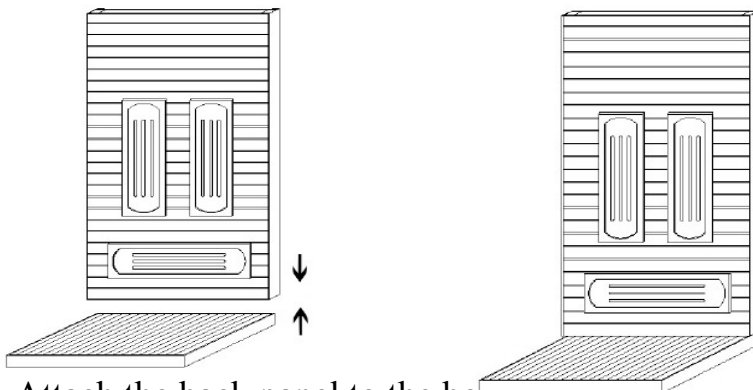
<2> PLACING BOTTOM PANEL



Front
↓ ↓

Place the bottom panel on the floor. Make sure that the **FRONT** direction of your sauna room.

<3> CONNECTING THE BACK PANEL TO BOTTOM PANEL

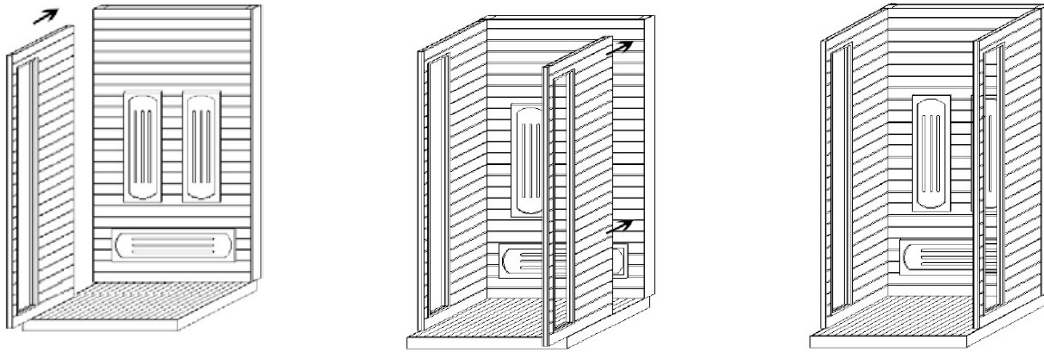


Attach the back panel to the bottom panel by lining up the back panel on the groove of the bottom panel. (Please hold the back panel until one of the side-panel had been installed.)

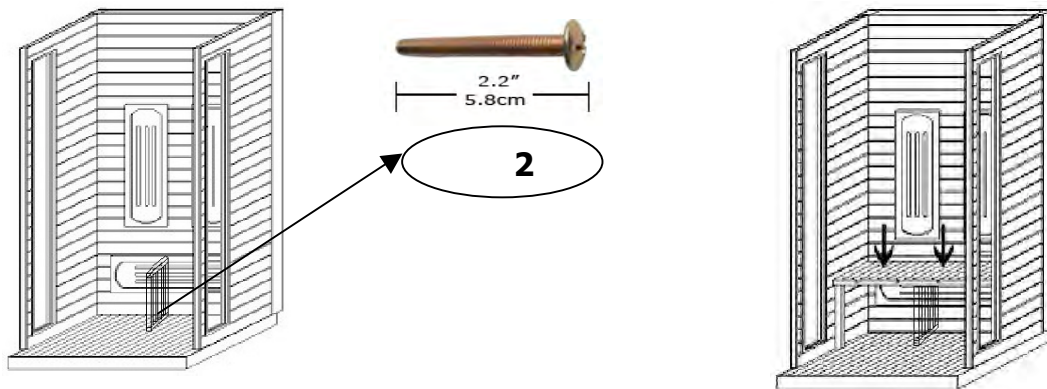
<4> INSTALLING THE SIDE PANELS

Install the side panels (Left & Right) to the bottom and back panels by lining up buckles and fastening them securely in place.

1. Please be sure which side panel is Left Side and Right Side.
2. Make sure that all buckles are properly secured in place on all panels.



<5> INSTALLING BENCH AND THE SUPPORTOR



Install the support by connecting it with the bottom panel by the provided screws.

Put the bench onto the supports and push it all the way in until it can touch the back panel and is securely in place. Make sure of the bench position, so that the smooth and finished side of the bench are facing up and forward.

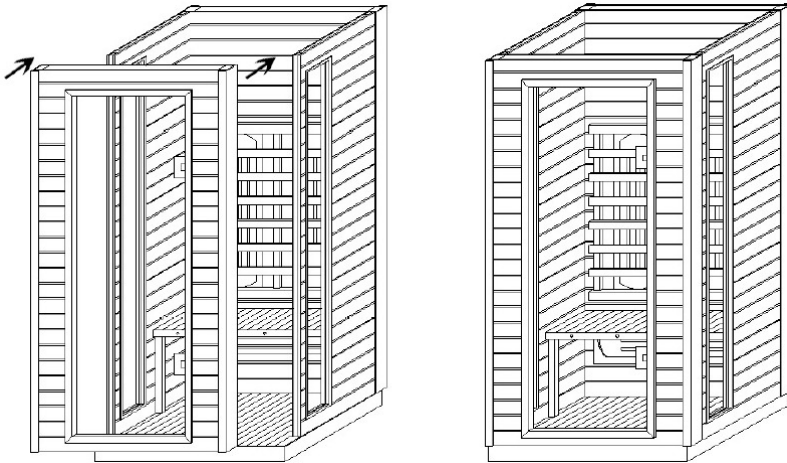
<6> PLACING BACKREST

For better protection of your back during sauna session, please screw in the backrest on the back panel.



<7> PLACING FRONT PANEL

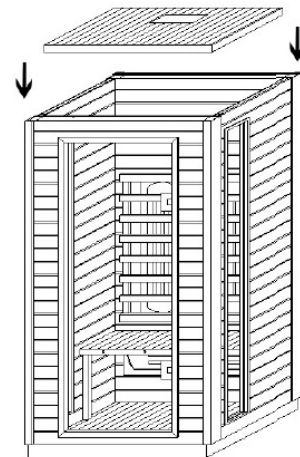
1. Align the front board with side boards' corresponding buckles, and then latch it with left and right board respectively.
2. Please take care of the glass door to avoid damage.



<8> PLACING TOP PANEL

Lower the top panel onto the assembled panels.

1. Gently place the top panel onto the rest of the assembled panels. When four corners are in place, gently push down the top panel from the outside corners until it is snugly fit over the rest of panels.
2. Make sure the cables in the front left corner do not get pinched between the panels.
3. Leading the wires of heaters onto the board through the corresponding hole.



<9> THE MAIN POWER CONNECTION ON THE TOP PANEL



LS-1P-3CH13



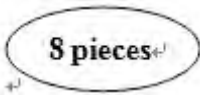
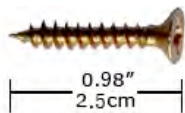
LS-2P-5CH13

1. Connect all the wires for heaters.
2. Connect the control panel wires.
3. Check to be sure that all connections to the control box are secure.
4. Please connect the wire of the AUX connector from the panel to the black box on the roof panel as per the below pictures



<10> PLACE THE ROOF COVER ONTO THE ROOF PANEL

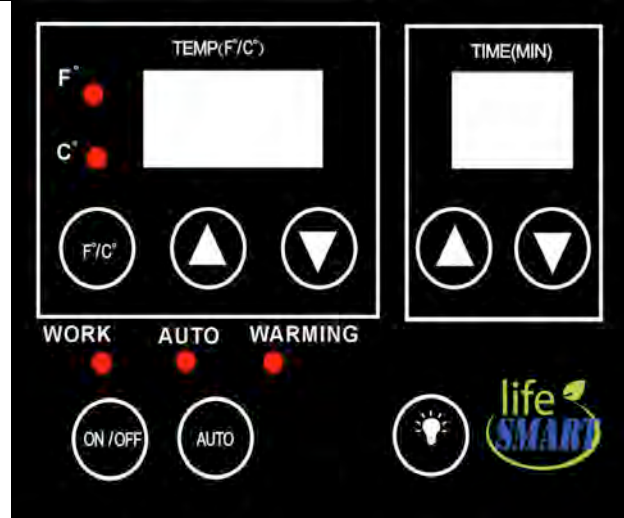
Place the roof cover onto the roof panel, connect it to the roof panel with the provided 8 pieces screws.



<11> ENJOY YOUR SAUNA!

Plug in the main power cord into the wall outlet and power up your sauna. Turn on the radio, grab some towels, a glass of water and step you're your sauna and enjoy the benefits of the sauna!!

Digital Control Panel Operating Instructions



1. Power on


Plug the main power cord into the wall outlet.

Press the “On/Off” button one time, the control panel is now operable, but the heaters are not on. You can now use the radio and lights.

2. Warming

Press “On/Off” button again, then the “Warming” light is on, which indicates the heaters are working. To turn off the sauna, press the ON/OFF button. The lights are on a delay.

3. Lighting

The reading light can be turned on or off by pressing  button at any time.

4. Pre-setting

“AUTO” button is for pre-setting the time you want your sauna to turn on. Press “AUTO” button once. Pre-set the time you want your sauna to turn on with the UP/DOWN ARROWS. TEMP UP/DOWN ARROWS are for hour setting and TIME UP/DOWN ARROWS are for minute setting. The setting range is 00:00-23:59.

5. Sauna Time Adjustment

Session time can be set between 0 and 90 minutes.

- Press TIME UP/DOWN ARROWS to adjust time, time value will increase or decrease by 1 minute at a time.
- By holding down the UP/DOWN ARROWS you can speed up the rate of change.
- Time light will be lit to indicate changes being made to time setting.