



## ***Important Care & Inflation Instructions***

- 1) DO NOT STORE THE BOSU® IN DIRECT SUNLIGHT (SUCH AS OUTSIDE OR NEAR WINDOWS) OR NEAR HEAT SOURCES.** Direct sunlight or excessive heat (like the high temperatures that can occur in the trunk of a car) can cause the inflated dome to deform. Though the product can continue to be used, deformation may cause the original balance traits of the dome to change.
- 2) Avoid contacting the BOSU® dome with sharp or abrasive objects.** Sharp or abrasive objects can puncture the vinyl surface. Always check the soles of your shoes for glass, stones, etc., before standing on the BOSU® dome.
- 3) Do Not store your BOSU® in a hot car.**
- 4) IMPORTANT:** Refer to page 7 in the Owner's Manual for detailed inflation instructions.



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