



Narrow Bench

Item SKU: GWS-NE

Product Dimensions:

Product/Shipping Weight: 37.5 lbs.
24" between the crutches (uprights)

Product Options:

Available In: Charcoal Grey

Product Description: Our narrow economy bench is crafted with the novice lifter in mind. This sturdy, 5 position bench adjusts from flat-incline & decline and provides a leg extension/leg curl with accompanying safety catches. All Renegade benches come equipped with durably stitched & branded upholstery with ample cushioning to deliver lasting comfort.

Weight Capacity: 300 lbs

Suggested Companion Products:

USA RSS-110/RSS-110T set

USA R-plates

USA IHD Hex Dumbbells

VTX SD-V 12 sided Anti Roll Ergo Iron w/ 1 year warranty

VTX SD-R 8 side Chrome & Rubber dumbbells w/ 1 year warranty