

Flat Workout Bench

Item SKU: GWS-FB

Product Dimensions:

Product/Shipping Weight: 20 lbs.

Product Options:

Available In: Charcoal Grey

Product Description: Our flat economy workout bench is designed specifically for dumbbell, abdominal work and stretching. The unique, narrower T-support leg on one side allows a user to stay farther back without having to straddle.

All Renegade benches come equipped with durably stitched & branded upholstery with ample cushioning to deliver lasting comfort.

Weight Capacity: 300 lbs

Suggested Companion Products:

USA IHD Hex Dumbbells

VTX SD-V 12 sided Anti Roll Ergo Iron w/ 1 year warranty

VTX SD-R 8 side Chrome & Rubber dumbbells w/ 1 year warranty

