



**Chrome Dumbbells - GCD**

Solid steel dumbbells with chrome plating. Solid cold rolled steel heads with threaded handles. Combined for style and elegance as well as beauty, precision, and function. All dumbbells are engraved on each end in pounds. Available in sizes 3, 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45 and 50 pounds each.

**Solid Cast HEX Dumbbells - IHD**

Specially designed hexagonal shape prevents rolling if dropped. Produced from the highest quality iron casting available. Raised silver numbers. Hammertone enamel finish. Available in sizes 1, 2, 3, 5, 8, 10, 12 pounds each with one piece solid construction. Sizes 15-100 lb. in 5 lb. increments feature extra durable, knurled steel handles.



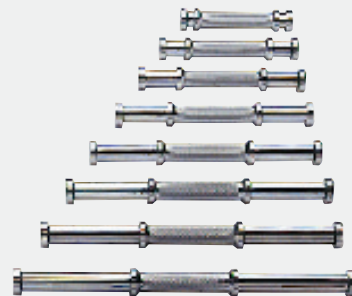

**Pro-style Dumbbells & Handles**

Pro-Style Dumbbells that are designed for gyms, clubs, schools and institutions. Drop-forged from one piece of steel with extra long fine thread bolts for secure locking.



**PRO-STYLE DUMBBELL HANDLES**

Size-Chrome		w/o end cap	w/end cap
SDH-1	Handle	Holds 5-20 lbs.	Holds 5-25 lbs.
SDH-2	Handle	Holds 25-40 lbs.	Holds 30-45 lbs.
SDH-3	Handle	Holds 45-60 lbs.	Holds 50-65 lbs.
SDH-4	Handle	Holds 65-80 lbs.	Holds 70-85 lbs.
SDH-5	Handle	Holds 85-100 lbs.	Holds 90-105 lbs.
SDH-6	Handle	Holds 105-120 lbs.	Holds 110-125 lbs.
SDH-7	Handle	Holds 125-140 lbs.	Holds 130-145 lbs.
SDH-8	Handle	Holds 145-160 lbs.	Holds 150-165 lbs.



**PRO-STYLE DUMBBELLS - END CAPS**

- EC End Cap - Chrome w/number tag
- BEC End Cap - Black w/number tag