Monark 874 E WEIGHT ERGOMETER

A safe, easy-to-use bike for fitness testing and worktests. The patented weight basket system does not require calibration. The precision of the weights ensures that the workload is correct.



## **WORKLOAD RANGE**

1-12 kg (0,5 kg is optional). 50 watt (50 rpm) - 2400 watt (200 rpm) (25 watt is optional). 300 kpm/min (50 rpm) - 14400 kpm/min. 5 watts intervall (50 rpm).

## **INCLUDED**

Chestbelt, PC software.

## **ACCESSORIES**

Weightbasket 0,5 kg, adjustable saddlepost, sadel post for heavy use (250 kg / 550 lbs).



**BEST CHOICE FOR** Basic testing.



The weight basket is a patented self-regulating braking system

wich don't need calibration. As long as the basket is in the air

and the weights are correct even the brakeforce is correct. The

set of weights; four 1 kg, one 0,5 kg and four 0,1 kg. The weight of the basket is 1 kg. More weights can be purchased separately.

mechanics of the weightbasket has been improved wich will increase the safety of the releasing moment. Delivered with a