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INSTRIDE® TOTAL BODY CYCLE



Products with the Arthritis Foundation's Ease-of-Use Commendation are tested and proven to make daily tasks easier. Learn more at arthritis.org/easeofuse



- Full range of motion upper and lower body workouts
- Handlebar keeps you balanced and in proper body position
- Adjustable tension to vary your workout intensity
- Straps hold feet in place on weighted pedals
- Non-slip footcaps
- Weighs only 10 lbs.

Assembled dimensions: 40" tall x 20" long x 16" wide