ROTATING PULL-UP HANDLES















- Includes two rotating pull up handles
- Use with your pull up bar to create a perfect workout
- Rotating handles let you do pull ups and chin ups in one exercise, maximizing strength and efficiency
- Solid steel construction for durability
- Padded handles for firm grip and comfort
- Portable
- Works with standard size pull up or chin up bars
- Supports up to 250 lbs.

Assembled dimensions: 1.5" tall x 9.5" long x 5.5" wide

