

15-9003

CONVERSION II® RECUMBENT BIKE/ROWER



- Doubles as a recumbent bike and a rower
- Additional upper body strengthening exercises using the floor footplates including bicep curls, triceps kickbacks, forearm curls and more
- Attach the resistance cord under the seat for light leg presses
- 8 levels of smooth, quiet magnetic resistance, deluxe housing
- Multi-function electronic monitor is built into the housing for a sleeker design with a larger LCD display for easier reading
- Electronic monitor keeps you motivated by tracking speed, distance, time, calories burned, and pulse
- Foot straps on all pedals hold feet securely in place
- Hand pulse sensor built into grips to measure heart beats per minute

Assembled dimensions: 27" tall x 75.5" long x 20" wide