

Chin Up Cross Brace Tools Required: 17mm socket 17mm wrench Fasten the side frames to the cross braces as shown, starting with the floor cross brace. Do not fully tighten the bolts until all the bolts are in place. A flat washer should be on each side of the connection. The Half Rack must be anchored to the floor for safety. Anchoring hardware is not included. Framè Holes in base for anchoring to the floor Floor Cross Brace Øq 0 Frame (M) a Ø THIS WARNING IS GIVEN IN COMPLIANCE WITH CALIFORNIA PROPOSITION 65: 2 WARNING This product contains chemicals known to the State of California to cause cancer, birth defects or other reproductive harm.

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