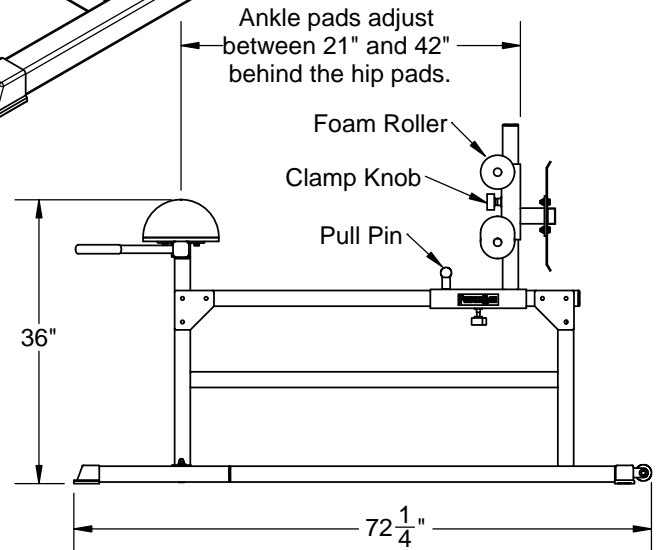
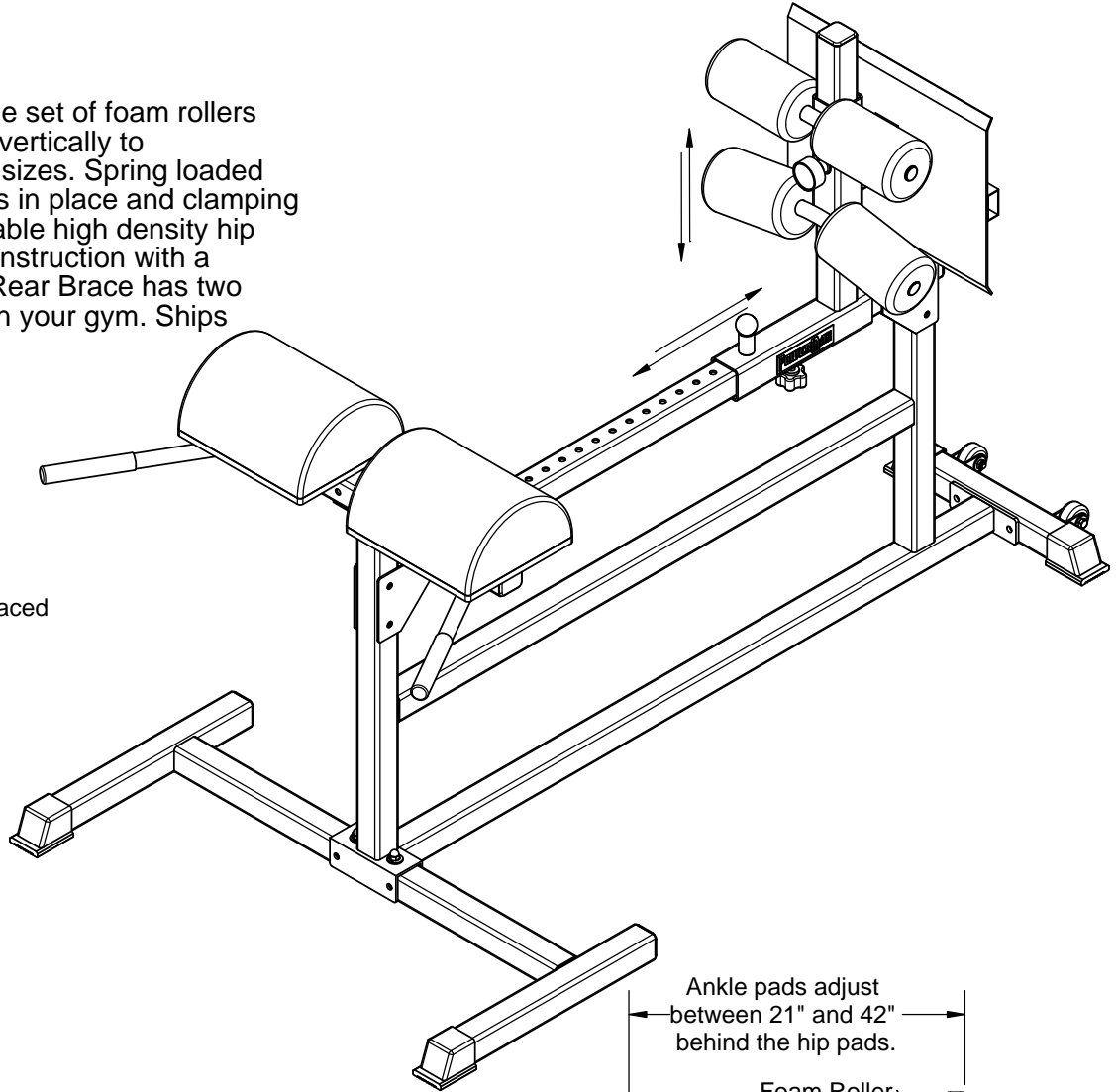
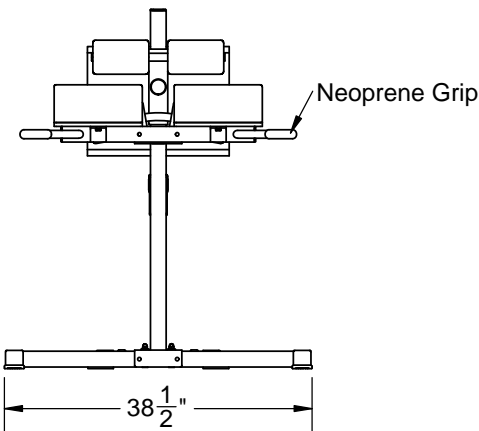
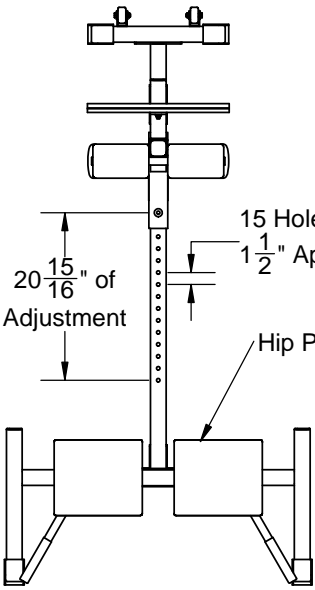


The WE200 features a double set of foam rollers that adjust front to back and vertically to accommodate athletes of all sizes. Spring loaded pull pins secure the foot rests in place and clamping knobs add stability. Comfortable high density hip padding. Heavy wall steel construction with a durable powder coat finish. Rear Brace has two wheels for easy positioning in your gym. Ships unassembled.



WARRANTY

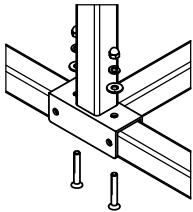
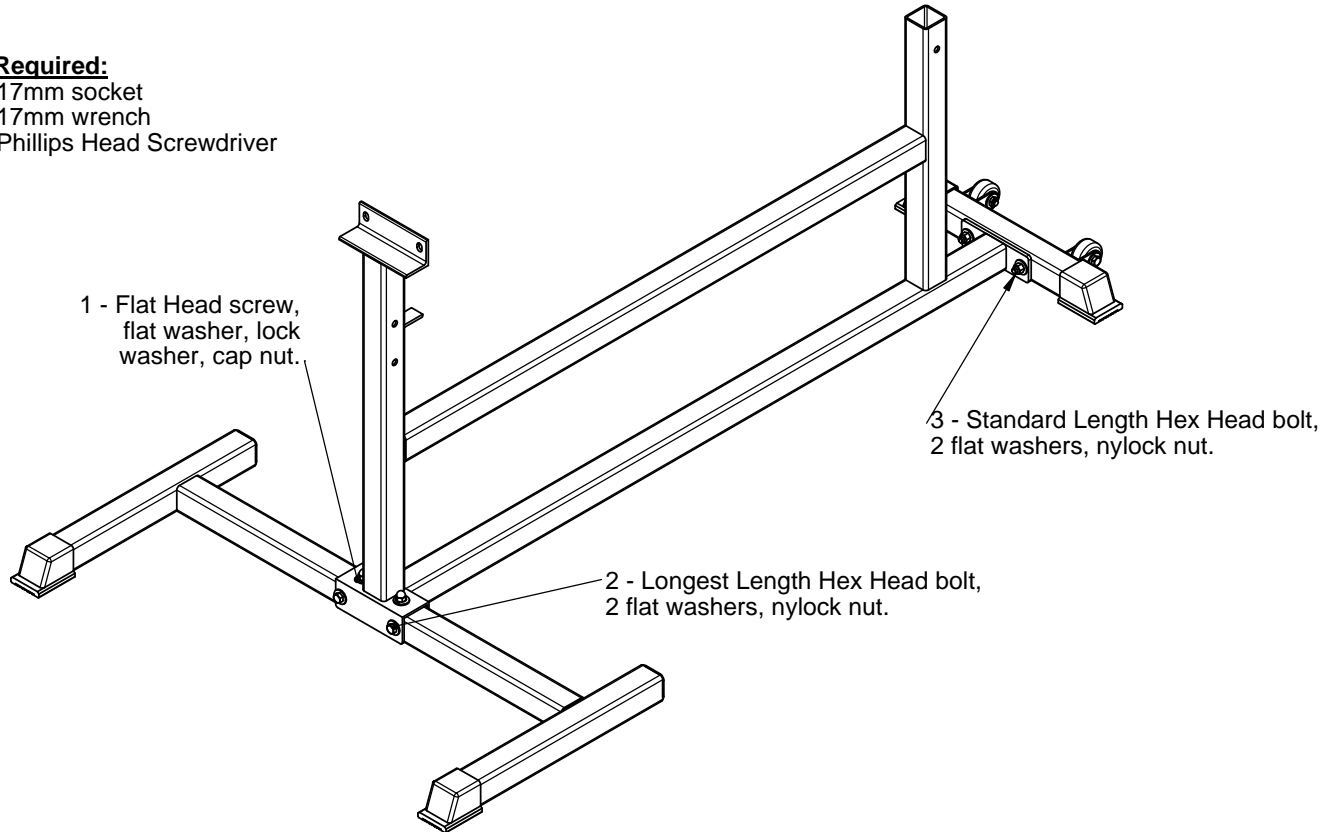
Glute Ham is furnished with a 1-year limited warranty.

LEED SUBMITTAL INFORMATION

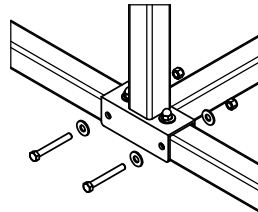
Credit	Measure
MRc4-Recycled Content	Post Consumer Average 25% Post Industrial 0%
MRc5-Regional Materials	Raw materials originate from multiple sources so origin point cannot be determined. Final Manufacturing/Assembly in Champaign, IL 61822

Tools Required:

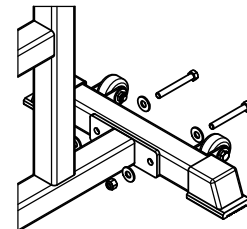
- 17mm socket
- 17mm wrench
- Phillips Head Screwdriver



1. Bolt the front vertical connection together. Position the two dents in the crossbrace tube on the bottom and put the flat head bolts through from the bottom dent side of the tube; put flat washer, lock washer and cap nut on top side.

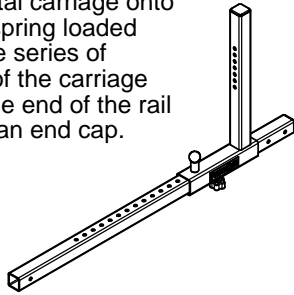


2. Then assemble the front horizontal connection with the two **longest** hex bolts, a flat washer on each side and a nylock nut.

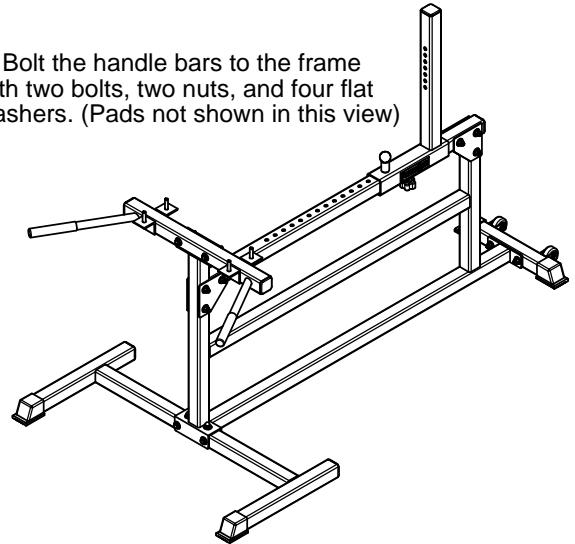


3. Next assemble the back crossbrace the same as the front horizontal connection, but using the common length hex head bolts.

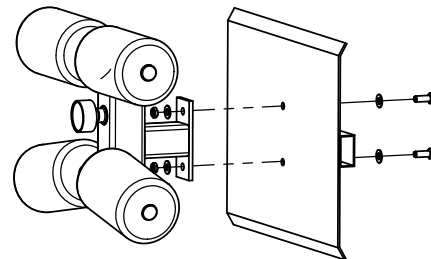
4. Slide the horizontal carriage onto the rail so that the spring loaded pull pin engages the series of holes. The upright of the carriage should be toward the end of the rail with two holes and an end cap.



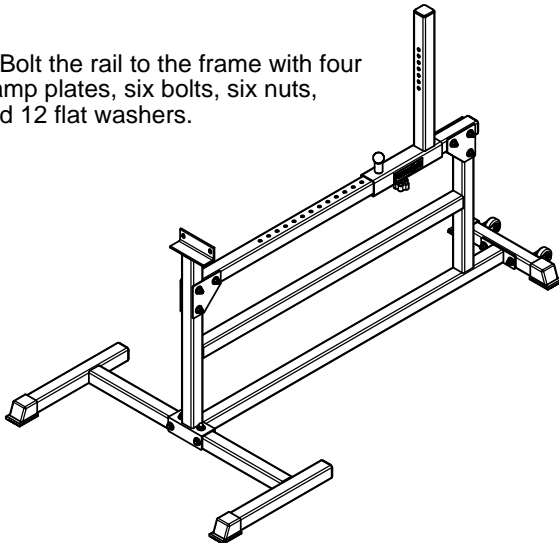
6. Bolt the handle bars to the frame with two bolts, two nuts, and four flat washers. (Pads not shown in this view)



6. Bolt on the foot plate to the vertical carriage.



5. Bolt the rail to the frame with four clamp plates, six bolts, six nuts, and 12 flat washers.



7. Slide the vertical carriage onto the upright of the horizontal carriage so that the spring loaded pull pin engages the series of hole. The angled foot rests should be towards the bottom.

