To Replace The Battery:

Note: The battery is for the clock function.

1. Slide open the battery cover.
2. Install the battery with the positive (+) facing up in the compartment.
3. Use CR2032 x1 button cell battery (included).

IMPORTANT!
Keep the instructions. Do not discard.
Used batteries should be removed to avoid damage.

• Use only fresh batteries of the required type and size.
• The batteries may explode if mistreated.
• Do not attempt to recharge or disassemble the batteries.
• Depleted batteries are to be removed from the item.
• Dispose of the old batteries properly, and according to your local regulations.
• Ensure that batteries are kept out of reach of young children.

Electric Specifications:
Voltage: 6V DC
Amperes: 800mA
Operating temp: 20°F - 140°F
Light Frequency: 470nm

Slide To Open

Zadro
Health Solutions™

ZADRO HEALTH SOLUTIONS, INC.
Huntington Beach, CA 92649
PH (714) 892-9200 FAX (714) 892-7477
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Website: www.ZadroHS.com

WARRANTY:
90 day limited warranty against defects in material and workmanship at the time of its original purchase by the consumer.
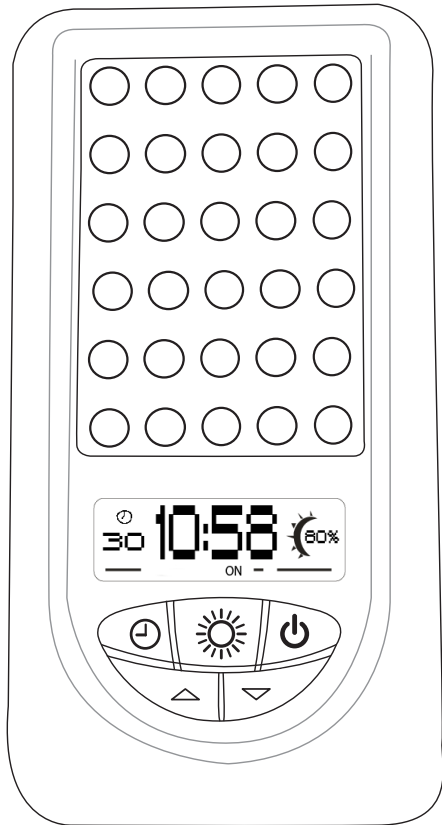
SUN365
Made in China
Registered Design Patent

Rev.08062010

Sunlight 365
Artificial Sunlight 365 Days a Year

Portable Artificial Sunlight

Zadro
Health Solutions™

Sunlight 365

Artificial Sunlight 365 Days a Year

Sunlight 365

OPERATING MANUAL

Zadro
Health Solutions™

What is Sunlight 365?

Sunlight 365 is a light which mimics natural sunlight. It is designed specifically to produce certain wavelengths of light in order to give the user the effect of artificial sunlight.

Light regulates our lives. We wake up with the light and go to sleep when it is dark.

During winter months when there is less natural sunlight or when it's raining or snowing, you might be affected by not being as active and feel the "blues". A bright light in a sunlight frequency can help as your brain perceives it as natural sunlight.

• It is safe as there are no UV rays.
• There are no chemicals.
• It is portable so you can travel with this unit.

Sunlight 365 Features:

• 10,000 LUX of Light
• 35 Blue LED's
• Adjustable Light Intensity 10% - 100%
• Countdown Timer
• Compact for Travel
• Desktop Clock
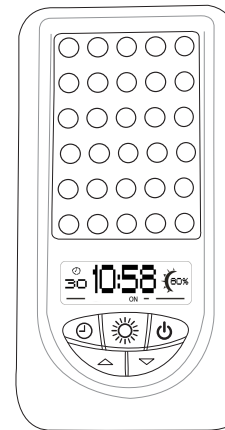• LCD Backlight
• Travel Pouch
• Power Adapter

Recommended usage:

• Use as early as possible in the morning.

• Daily use: 30-60 minutes.

• Place at arms length away.

Do not let this light treatment interrupt your normal activities: eating breakfast, reading newspapers, watching television, etc.

Glance at the light occasionally during each session.

Operating Instructions for Sunlight 365

⏻ On/Off

🕒 Timer

☀ Light ON/OFF

△ Increase Intensity

▽ Decrease Intensity

POWER
⏻

To turn "ON" press power button.
To turn "OFF" press power button and hold for 3 seconds.

LIGHT INTENSITY

🌗 **100%**

INTENSITY

Information shown as a percentage of light intensity.

Intensity level: 10 - 100%.

TIMER

🕒

The timer counts down the remaining time that has been selected.

▯▯

TIMER

Timer choices: 15, 30, 45 or 60 minutes.

Caution:
• **Do not stare directly at the Sunlight 365.**
• **This product is not listed as a medical device.**
Please consult your doctor prior to using the Sunlight 365.

Users with eye problems, eye injury, laser corrective eye surgery or any other eye related conditions - you are advised to consult your opthalmologist or health care provider before using the Sunlight 365.

If you feel uncomfortable after using the Sunlight 365, discontinue use immediately & consult your doctor.

Operating Instructions:

■ Plug adapter into SUN365 and then plug adapter into power outlet.

  Note: The SUN365 unit must be plugged in to operate.

■ To turn on the SUN365, press the "POWER" button. The LCD clock will display the time and ON will appear in the display.

■ To turn on the timer, press the "TIMER" button repeatedly to choose either 15, 30, 45 or 60 minutes.

  • Press the "LIGHT" button to activate the timer.

■ To turn on the SUN365 LED lights, press the "LIGHT" button. The lights will turn on and the display will show the level of light intensity.

  • To change the light intensity, press the arrows up or down to increase or decrease light intensity from 10 to 100%.

  • To turn off the SUN365 lights, press the "LIGHT" button and the lights will turn off.

■ To change the time on the LCD clock:

  • Press and hold the "TIMER" button until the hour blinks, then use the up and down arrow buttons to change the hour.

  • Next, press the "TIMER" button again and the minutes will blink, then use the up and down arrow buttons to change the minutes.

  • When desired time is obtained, press the "TIMER" button again to set time.

If the product display stops functioning replace the CR2032 battery and re-plug the adapter.