

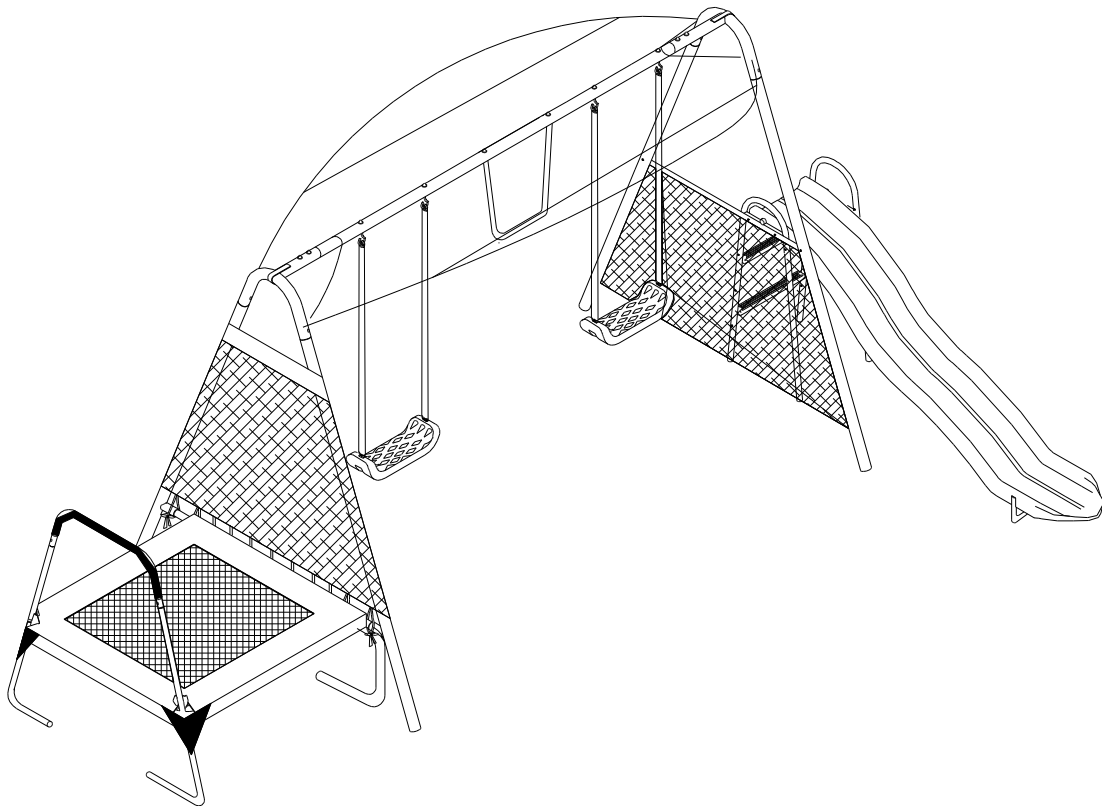
IRONKIDS™



fitnessplayground

FITNESS PLAYGROUND

ITEM NO: 8101



OWNER'S MANUAL

CAUTION: This unit is designed to be used safely by up to 6 children between the ages of 3 years to 8 years old with a maximum weight of 100 pounds (45.4kgs) each, simultaneously, not to exceed a combined weight of 600 pounds (272kgs).

The specifications of this product may vary from this photo and are subject to change without notice. IRONMAN, IRONMAN TRIATHLON and M-DOT are registered trademarks of World Triathlon Corporation. This product is licensed by the IRONMAN TRIATHLON.

IMPORTANT: FOR NORTH AMERICA ONLY

To request product service and order replacement parts, please call our customer service department at:

1-866-924-1688

Monday through Friday, 8:00 AM-5:00 PM Pacific Standard Time,

or email us at: service@paradigmhw.com

Please visit our website at www.paradigmhw.com.

Please have the following information ready when requesting for service:

Your name

Phone number

Model number

Serial number

Part number

Proof of Purchase

***Before returning this product to the store please contact customer service at the contact number.**

Paradigm Health & Wellness, Inc.

1189 Jellick Ave.

City of Industry, CA 91748, USA

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MANUFACTURER’S LIMITED WARRANTY (IRONKIDS FITNESS PLAYGROUND)

Paradigm Health & Wellness warrants to the original purchaser that this product is free from defects in material and workmanship when used for the purpose intended, under the conditions that it has been installed and operated in accordance with Paradigm’s Owner’s Manual. Paradigm’s obligation under this warranty applies to the following:

<u>COMPONENT</u>	<u>LENGTH OF WARRANTY</u>
Structural Frame	Lifetime (1)
All Other Components	180 days (2)

This warranty does not include damage caused by normal wear and tear, weather corrosion, misuse, commercial use or improper operation. Paradigm will replace free of charge any parts which may prove to be defective under normal home use. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.

Ordering Replacement Parts

Replacement parts can be ordered by calling or emailing our customer service department

service@paradigmhw.com

1-866-924-1688

Monday through Friday, 8:00 AM - 5:00 PM (PST).

When ordering replacement parts please have the following information ready:

- 1. Owner’s Manual**
- 2. Model Number**
- 3. Description of Parts**
- 4. Part Number**
- 5. Date of Purchase**

IMPORTANT SAFETY PRECAUTIONS

Read all instructions carefully before assembling operating this product. Retain this owner's manual and keep the original purchase receipt for future reference.

1. Before you assemble the Fitness Playground, find level ground not less than 6 feet from any structure or obstruction to the Fitness Playground. Your Fitness Playground must have clearance on all sides.
2. To prevent serious injury, do not allow children to play on the Fitness Playground until it is completely installed.
3. Do not install the Fitness Playground over concrete, packed dirt, or any other hard surface. A fall onto a hard surface can result in serious injury or death to the user.
4. Only adults should assemble or disassemble this Fitness Playground.
5. This product must be anchored.
6. Adult supervision of children is required at all times when on or around this Fitness Playground. Never leave children unattended.
7. Do not swing too high or at an angle.
8. Do not hang on or climb from structural members of the Fitness Playground.
9. Do not exceed the intended weight limit or maximum number of users for the Fitness Playground.
10. This product is intended to be used by children between the ages of 3-8 years old.
11. Be sure to observe your children and insure that they have the strength and skills to enjoy all the rides safely before use on their own.
12. Do not allow children to walk close to, behind, or in front of moving items.
13. Do not allow children to twist the chains on the swing or loop them over the top bar. This may reduce the strength of the chain.
14. Teach and instruct children not to swing empty seats.
15. Instruct children how to sit in the center of the seats and swing with their full weight on the seat.
16. Warn children not to use the equipment in any manner other than intended.
17. Warn children not to get off the rides while in motion.
18. Warn children to dress appropriately. Loose fitting clothing is potentially hazardous when using the Fitness Playground.
19. Equipment may be slippery when wet. Do not allow children to use the equipment when wet.
20. Parents should regularly check openings and surfaces, such as slides, for items that may be hazardous.
21. Parents should check swing chains to insure they are secure and can not be looped back on themselves.
22. Do not place any part of the body near moving parts.
23. Never slide head first down the slide.
24. Ensure that all swings and chains are secured at both ends.
25. Never attach any materials that are not specifically designed for use with this swing set, such as jump ropes, pet leashes, rope or cords and other chains as these pose a potential strangulation hazard.
26. Children must be supervised at all times. No playground is safe without adult supervision.
27. When using the trampoline, do not perform flips, as this will increase your chances of landing on your head or neck. No more than one person at a time on the trampoline. Use trampoline only with adult supervision.

Play Ground Rules

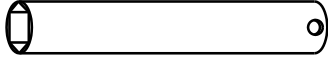
1. Do not use equipment when wet.
2. No running, pushing, shoving, or roughhousing.
3. Do not use play equipment before reading manual.
4. Always wear proper footwear.

CARE AND MAINTENANCE

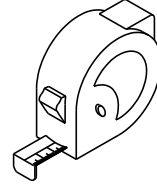
Check all nuts and bolts by monthly during the usage season for tightness and tighten as required. It is particularly important that all nuts and bolts are checked prior to the first use each season.

TOOLS REQUIRED FOR ASSEMBLY

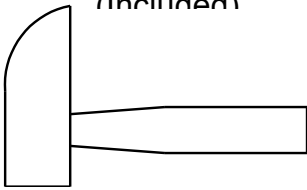
Please prepare the following tools prior to assemble this equipment.



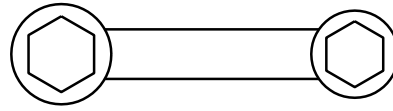
Special Socket
Wrench
(Included)



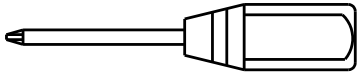
Tape Measure



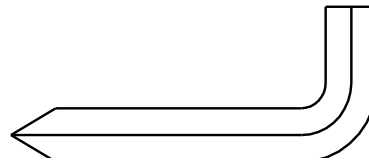
Hammer



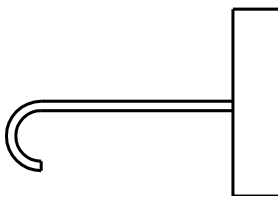
Wrench
(Included)



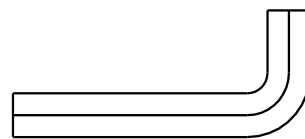
Phillips Screwdriver



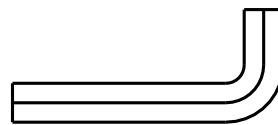
Big Allen Wrench with Phillips Screwdriver
(Included)



Spring Loading
(Included)



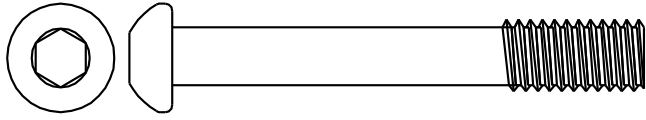
Small Allen Wrench with Phillips Screwdriver
(Included)



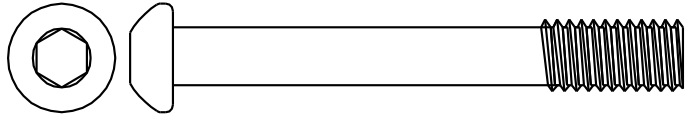
Allen Wrench
(Included)

INCLUDED HARDWARE

Hardware used for main frame assembly



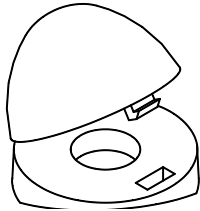
(B1) Bolt 5/16"x63
8 PCS



(B2) Bolt 5/16"x68
4 PCS



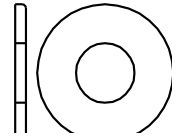
(B3) Nylon Nut 5/16"
12 PCS



(B4) Plastic Cap
12 PCS

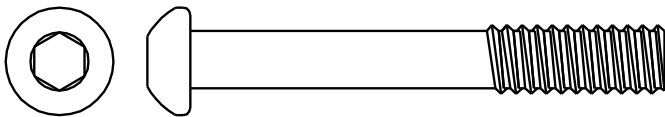


(B5) Curve
Washer
8 PCS

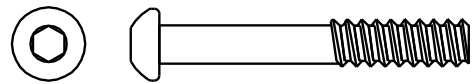


(B6) Large Washer
4 PCS

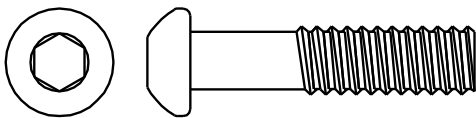
Hardware used for trampoline assembly



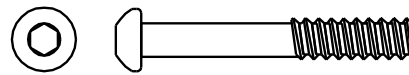
(T10) Bolt 5/16"x63
2 PCS



(T15) Bolt 1/4"x42
2 PCS



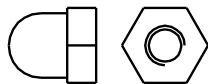
(T11) Bolt 5/16"x40
2 PCS



(T16) Bolt 1/4"x34
2 PCS



(T12) Curve Washer
4 PCS



(T13) Nylon Nut 1/4"
4 PCS



(T14) Nylon Nut 5/16"
4 PCS



(T17) Bolt 3/16"x15
2 PCS

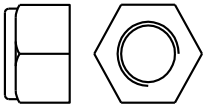


(T18) Spring Washer
8 PCS

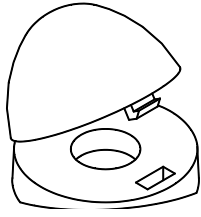


(T19) Spring Washer
4 PCS

Hardware used for trapeze assembly

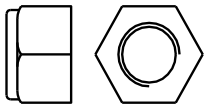


(S2) Nylon Nut 5/16"
2 PCS

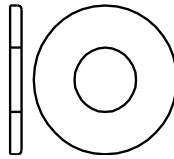


(S3) Plastic Cap
2 PCS

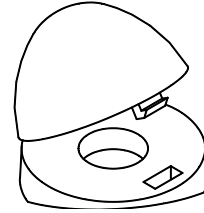
Hardware used for swing seats assembly



(J6) Nylon Nut 5/16"
8 PCS

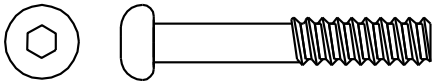


(J7) Large Washer
4 PCS

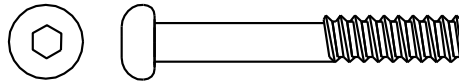


(J8) Plastic Cap
4 PCS

Hardware used for slide assembly



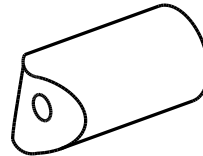
(Z1) Bolt 1/4"x38
6 PCS



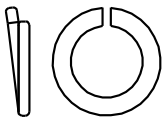
(Z2) Bolt 1/4"x45
2 PCS



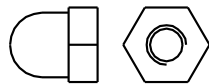
(Z3) Screw M6x40
2 PCS



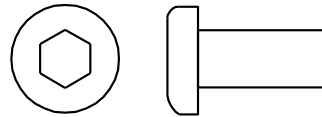
(Y1) Plastic Connector
2 PCS



(Z4) Spring Washer
4 PCS



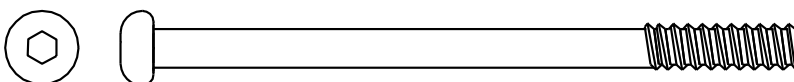
(Z5) Nylon Nut 1/4"
4 PCS



(Z6) Cap Bolt 1/4"x14
4 PCS



(Z7) Spring Washer
20 PCS



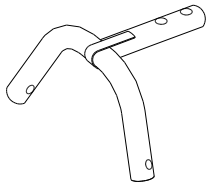
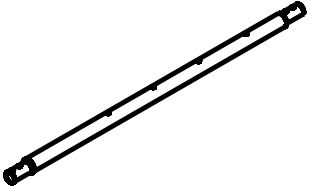
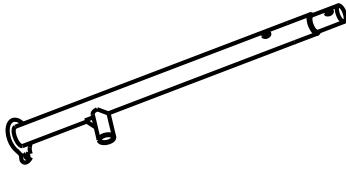
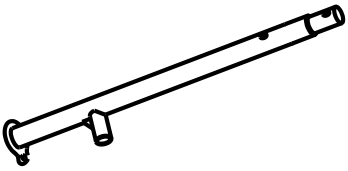
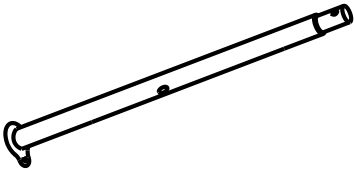
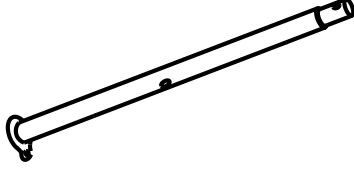
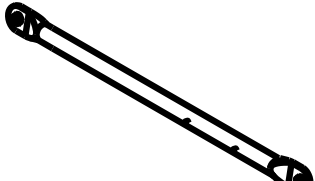
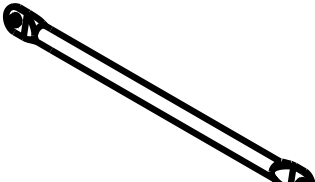

(Z8) Bolt 1/4"x75
2 PCS



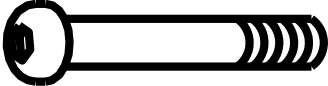
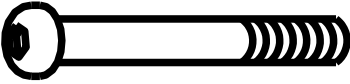
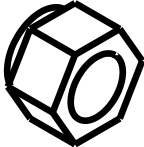


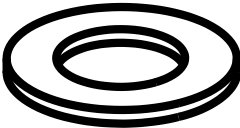
(Z9) Screw M6x45
4 PCS

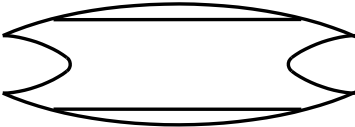

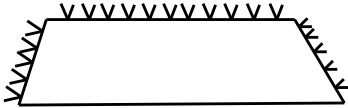
PARTS NUMBERS AND ILLUSTRATIONS

Parts used for main frame assembly


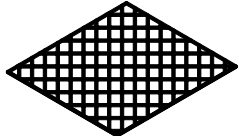
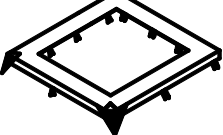
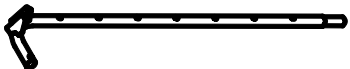
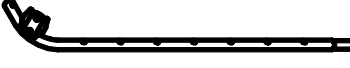


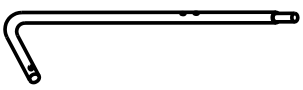


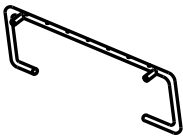

A1		Side Top Bar	2 PCS
A2		Top Bar	1 PC
A3		Leg with Foam	1 PC
A3A		Leg with Foam	1 PC
A4		Leg	1 PC
A4A		Leg	1 PC
A5		Cross Bar	1 PC
A6		Cross Bar	1 PC
A7		Ground Anchor	8 PCS

Hardware used for main frame assembly

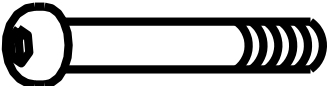


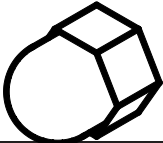






B1		Bolt 5/16"x63	8 PCS
B2		Bolt 5/16"x68	4 PCS
B3		Nylon Nut 5/16"	12 PCS
B4		Plastic Cap	12 PCS
B5		Curve Washer	8 PCS
B6		Large Washer	4 PCS

C1		Sunshade	1 PC
C2		Plastic Stick	2 PCS
C3		Protective Net	1 PC

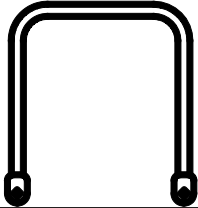

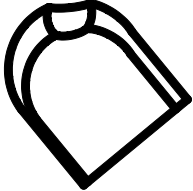
Parts used for trampoline assembly

T1		Protective Net	1 PC
T2		Jump Mat	1 PC
T3		Frame Pad	1 PC
T4A		L-Shaped Tube (Left)	1 PC
T4B		L-Shaped Tube (Right)	1 PC
T5		Straight Tube	1 PC
T6		Handlebar with Foam	1 PC
T7A		Handlebar Base Tube (Left)	1 PC
T7B		Handlebar Base Tube (Right)	1 PC
T8		Supporting Tube	1 PC
T8A		Elbow Tube	1 PC
T9		Spring	28 PCS



Hardware used for trampoline assembly

T10		Bolt 5/16"x63	2 PCS
T11		Bolt 5/16"x40	2 PCS
T12		Curve Washer	4 PCS
T13		Nylon Nut 1/4"	4 PCS
T14		Nylon Nut 5/16"	4 PCS
T15		Bolt 1/4"x42	2 PCS
T16		Bolt 1/4"x34	2 PCS
T17		Bolt 3/16"x15	2 PCS
T18		Spring Washer	8 PCS
T19		Spring Washer	4 PCS



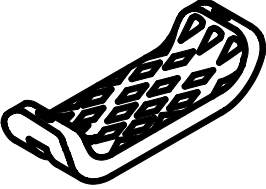

Parts used for trapeze assembly

P1		Trapeze Tube	1 PC
S1		Eye Bolt with Attachment Bolt	2 PCS
T3		Rubber Cap (Preassembled)	2 PCS




Hardware used for trapeze assembly

S2		Nylon Nut 5/16"	2 PCS
S3		Plastic Cap	2 PCS




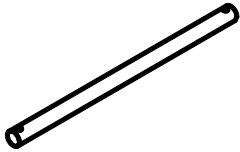
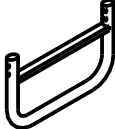
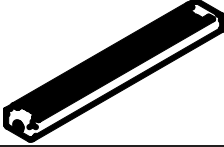



Parts used for swing seats assembly

J1		PVC Covered Chain (Preassembled)	4 PCS
J2		Eye Bolt with Attachment Bolt (Preassembled)	4 PCS
K1		Swing Seat	2 PCS
J3		Eye Bolt with Attachment Bolt (Preassembled)	4 PCS

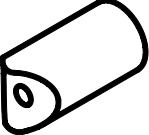
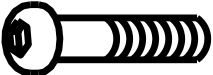






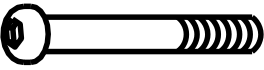

Hardware used for swing seats assembly

J6		Nylon Nut 5/16"	8 PCS
J7		Large Washer	4 PCS
J8		Plastic Cap	4 PCS

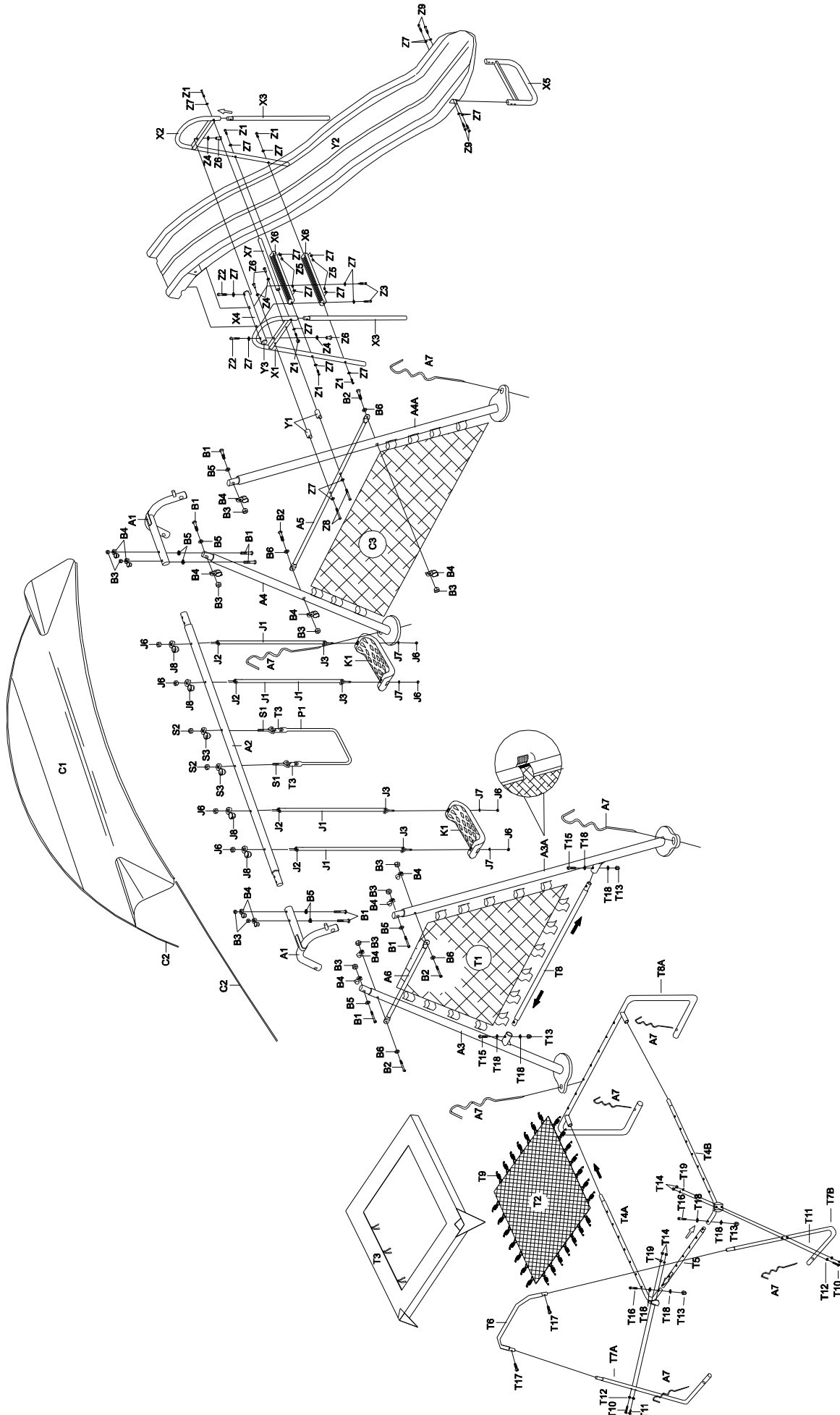
Parts used for slide assembly

X1		Slide Support (With Opening)	1 PC
X2		Slide Support	1 PC
X3		Slide Leg Tube	2 PCS
X4		Slide Top Support Bar	1 PC
X5		Slide Front Support	1 PC
X6		Slide Ladder Steps	2 PCS
Y2		Slide	1 PC
Y3		Cap for X4 (Preassembled)	2 PCS
X7		Linking Bar	1 PC

Hardware used for slide assembly

Y1		Plastic Connector	2 PCS
Z1		Bolt 1/4"x38	6 PCS
Z2		Bolt 1/4"x45	2 PCS
Z3		Screw M6x40	2 PCS
Z4		Spring Washer	4 PCS
Z5		Nylon Nut 1/4"	4 PCS
Z6		Cap Bolt 1/4"x14	4 PCS
Z7		Spring Washer	20 PCS
Z8		Bolt 1/4"x75	2 PCS
Z9		Screw M6x45	4 PCS

OVERVIEW DRAWING



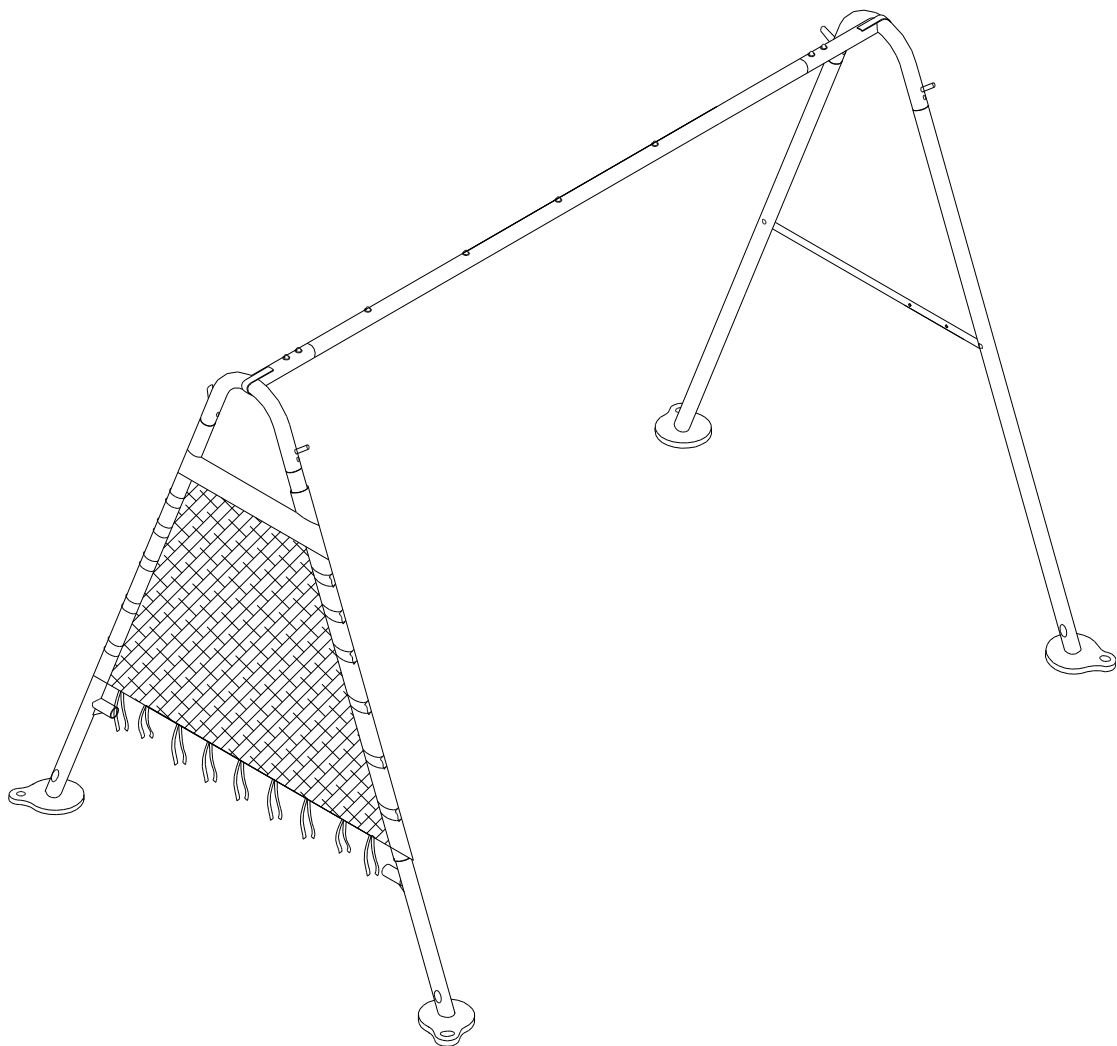
ASSEMBLY INSTRUCTIONS

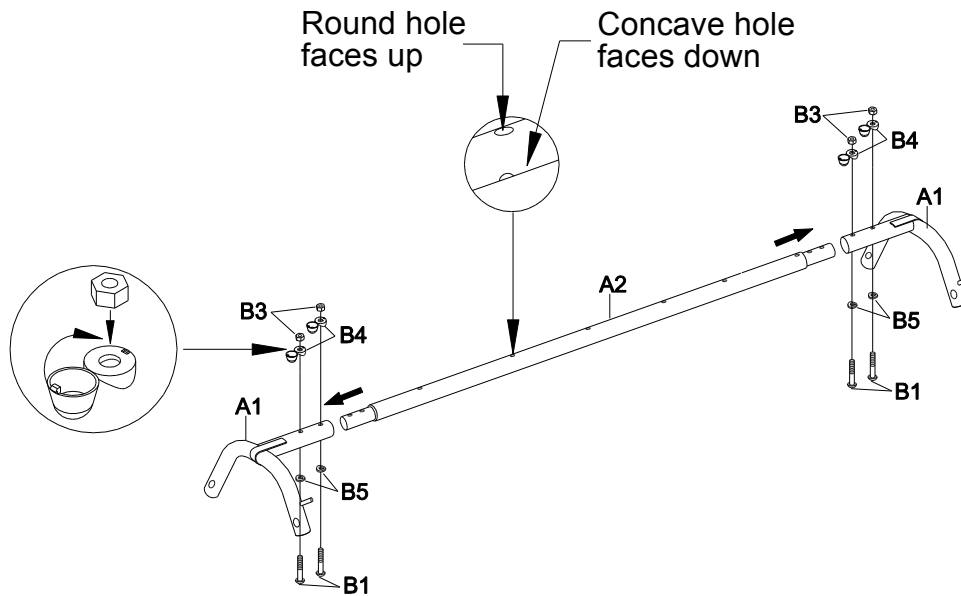
- Place the playground equipment on level ground, not less than 6 feet (1.8 meters) from any structure or obstruction such as a fence, garage, house, overhanging branches, laundry lines, or electrical wires.
- Do not install the playground equipment over concrete, asphalt, packed earth, or any other hard surface. A fall onto a hard surface can result in serious injury to the user.

TIGHTENING NUTS & BOLTS

- Do not over-tighten the nuts and bolts when you are assembling your playground equipment. This will allow for some possible adjustments and ease of installation.
- Once you have completed the assembly of the playground equipment, go back over all of the nuts and bolts and properly tighten all of them before using the playground equipment.

Main Frame Layout





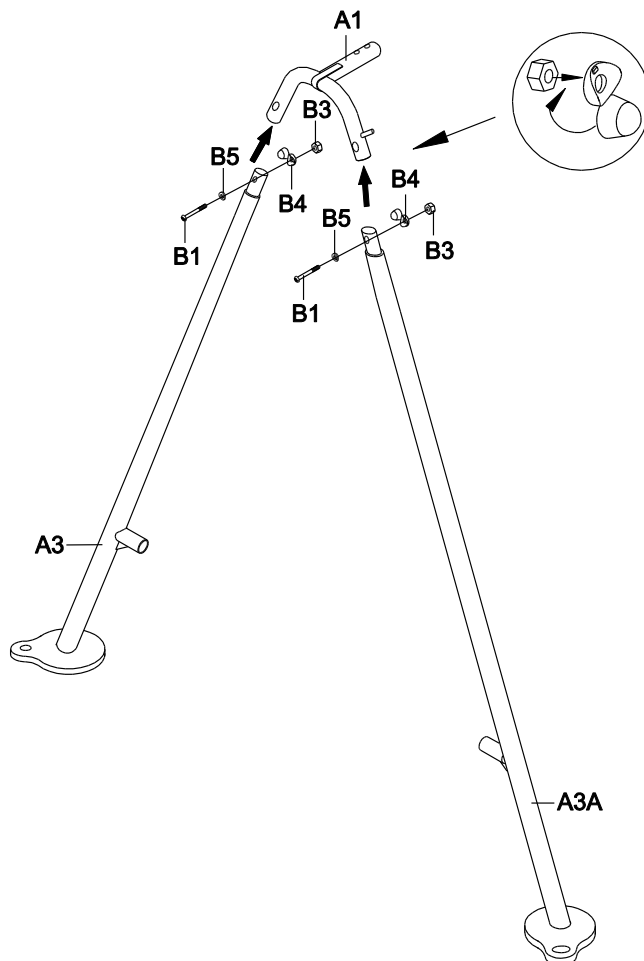
NOTE:

1. Do not over-tight the nuts and bolts.
2. Do not snap the plastic cap on until you have completed the rest of the assembly and have tightened the nuts and bolts.

Step 1

- Insert A2 into A1, secure with B1, B5, B4, and B3.

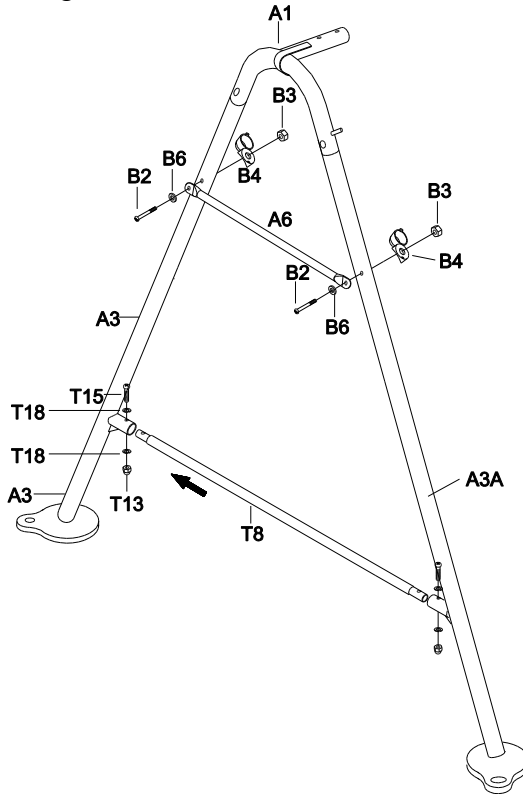
Note: Please make sure that concave holes face down and the round holes face up.



Step 2

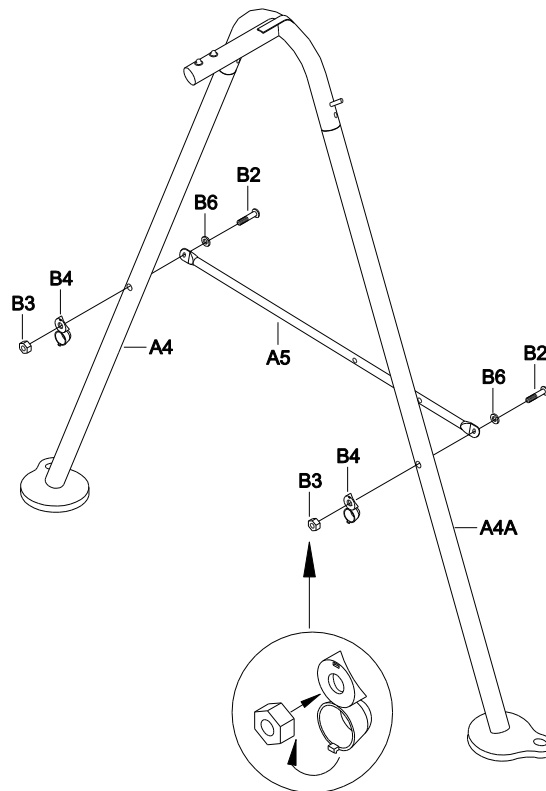
- Insert the small end of A3 and A3A into the socket at end of A1.

- Align the holes and secure using B1, B5, B4, and B3.



Step 3

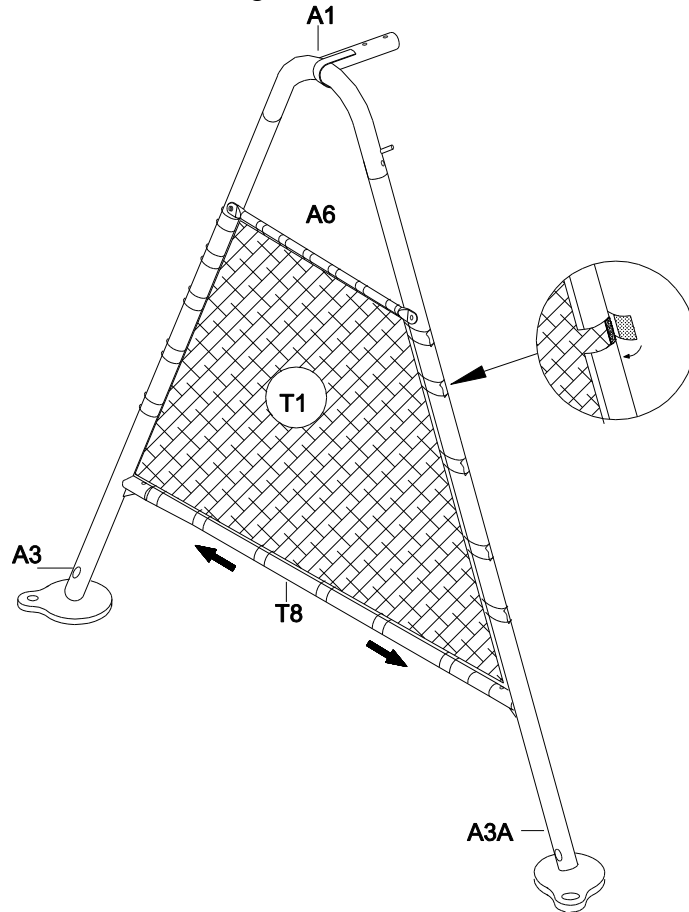
- Insert the small end of T8 into the socket of A3 and A3A and align the holes. (Socket of T8 faces outside.)
- Secure using T15, T18, and T13.
- Attach A6 onto A3 and A3A with two B2, two B6, two B4, and two B3.



Step 4

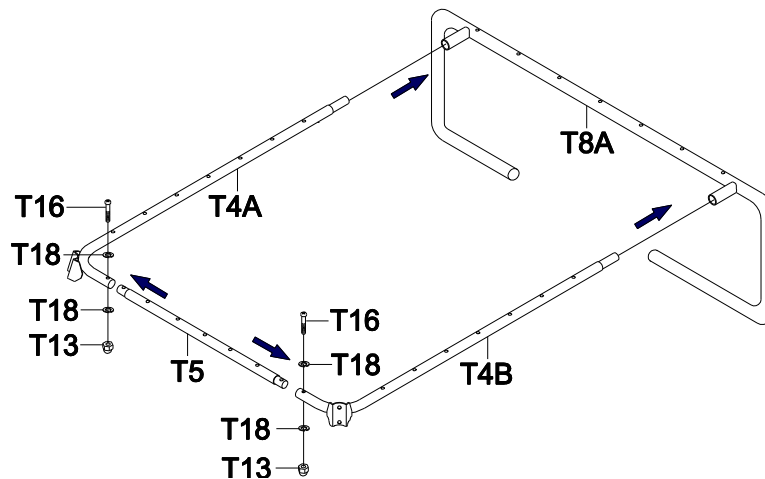
- Attach A5 onto the left outer side of A4.

- Secure using B2, B6, B4, and B3.
- Repeat the same procedure onto the right outer side of A4A.



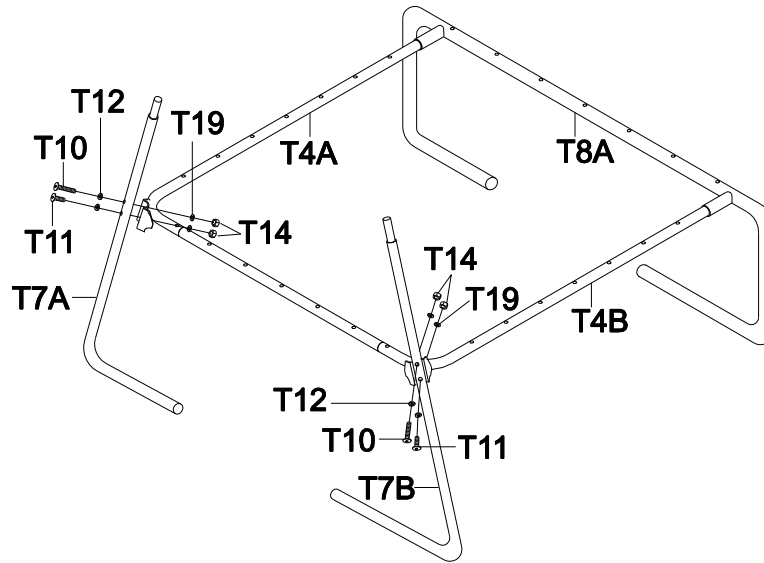
Step 5

- Attach T1 onto A3, A3A, A6, and T8 with the Velcro straps on the sides of T1.



Step 6

- Insert the small end of T4A and T4B into the socket of T8A. Welding bracket of the T4A and T4B face outside.
- Insert small end of T5 into the big opening of T4A and T4B, align the holes.
- Secure using T16, T18, and T13.

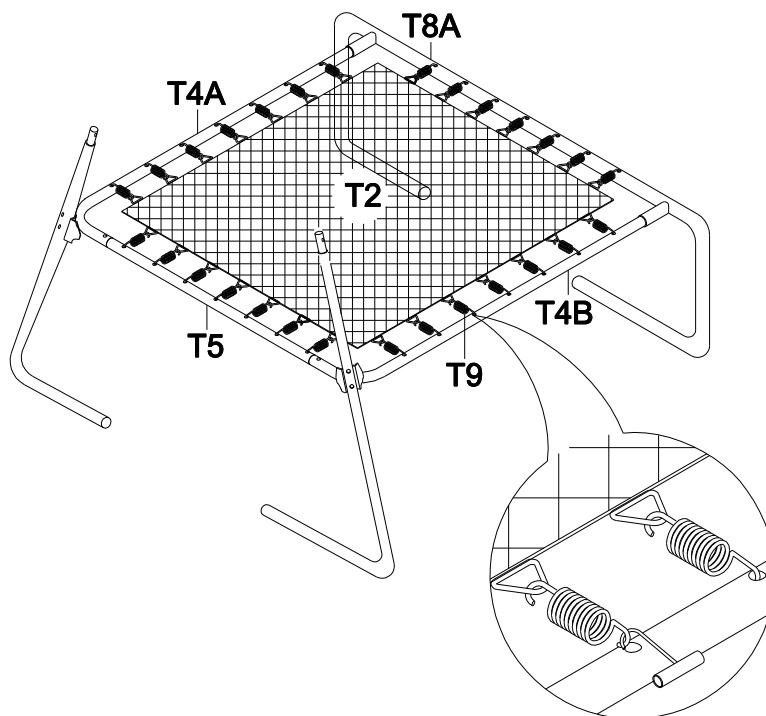


Step 7

- Put T7A onto the outside of T4A, and put T7B onto the outside of T4B, align the holes.
- Secure using T10, T12, T19, and T14 for the upper hole of T7A and T7B.
- Secure using T11, T12, T19, and T14 for the lower hole of T7A and T7B.

Note: The T10's are longer than the T11's.

Do not over-tighten the screws in order to assemble as it will make STEP 10 more difficult.

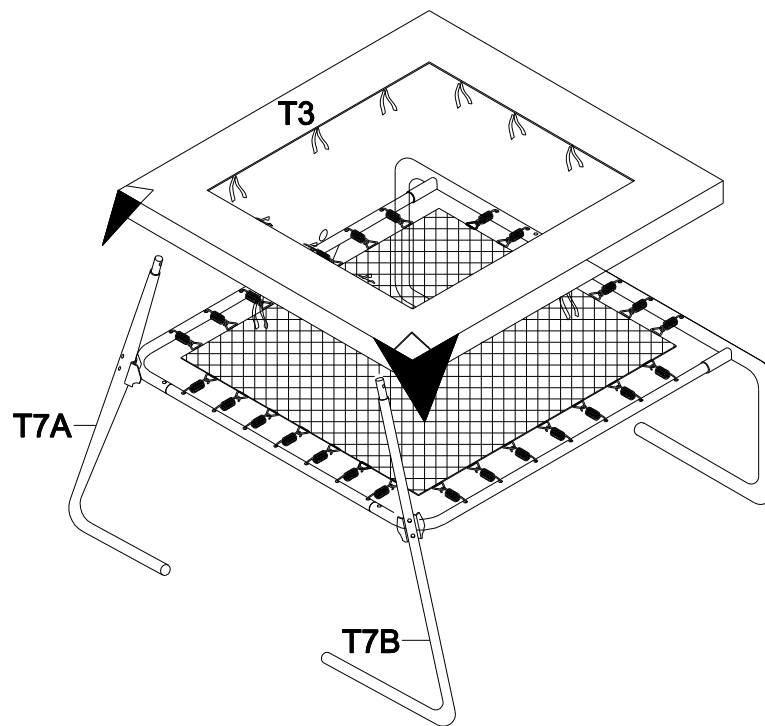


Step 8

- Lay out the T2 (Jump mat) and align each triangle ring of the mat towards the opposite holes of T4A and T4B. One triangle ring against to one hole of T4B and T4B.
- Attach a Spring (T9) with spring hooks face down to the triangle ring of the mat. Hold the spring loading tool underhand and pull spring hook towards the hole on the T4A, T4B, T5, and T8A.

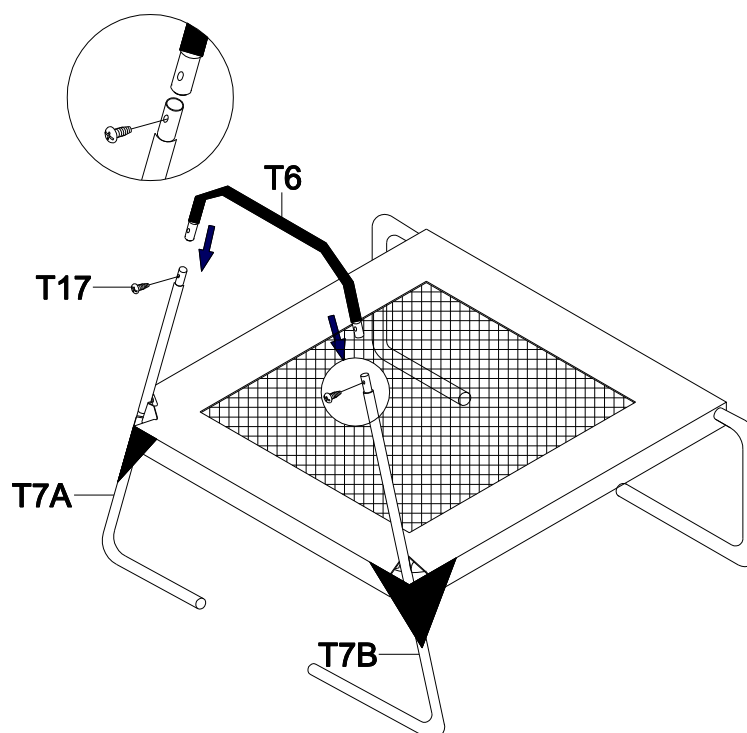
Drop hook into the frame hole until it latches on.

Note: BE CAREFUL NOT TO PINCH HANDS OR FINGERS ON SPRINGS. USE GLOVES TO PREVENT PINCHING. KEEP SPRINGS DRY; WET SPRINGS ARE VERY SLIPPERY.



Step 9

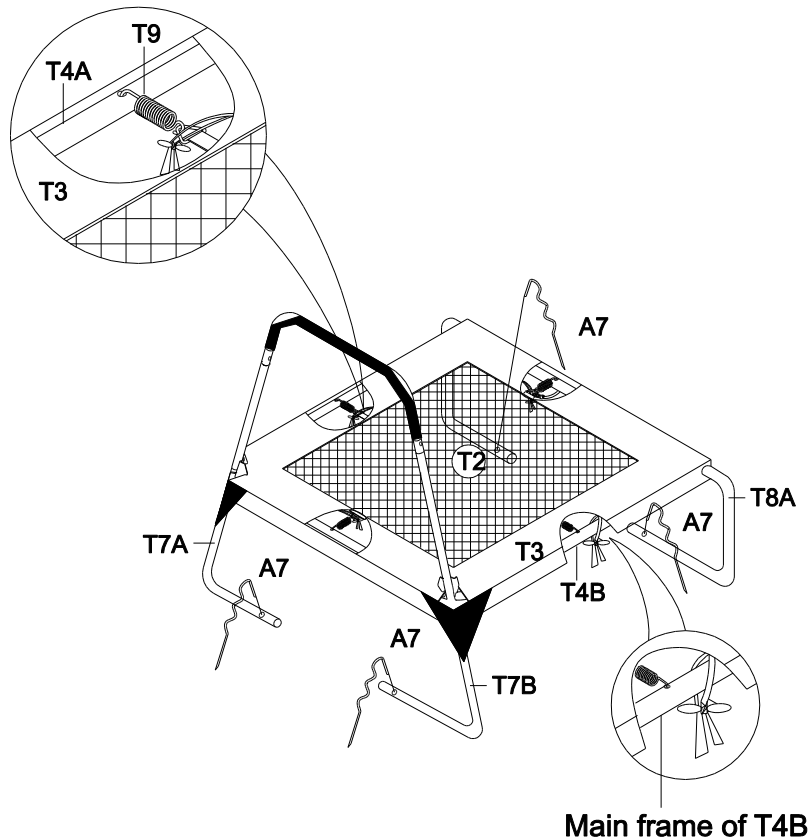
- Insert two corners of T3 which have yellow banners to the small end of T7A and T7B.
- Lay the Frame Pad (T3) over the trampoline, so that the springs and the steel frame are covered. Please ensure that the Frame Pad covers all metal parts well.



Step 10

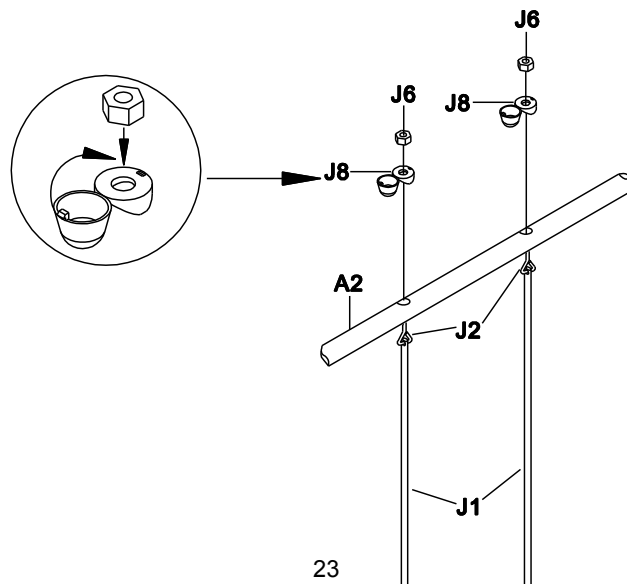
- Insert small end of T7A and T7B into the small end of T6, align the holes.
- Secure using with T17.

Note: Go back to tighten the screw from STEP 7.



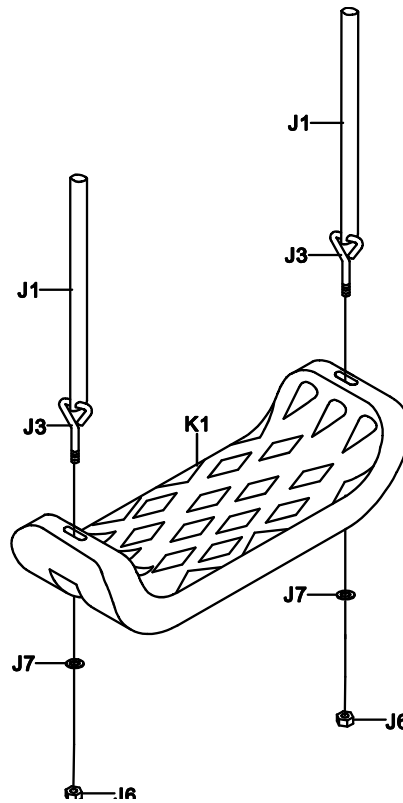
Step 11

- Bring one end of the strap on T3 which is near to the jumping mat T2, then tie the strap to the triangle ring with a knot. Repeat it for the others straps near the T2 in the same way. Make sure the knot is tight and the safety pad fits securely on the trampoline.
- Line up the elastic straps over the main frames (T4A, T4B, and T5) of the trampoline, aligning alternate straps over, then tie the straps. Make sure every strap is tightly tied.
- Turn the four A7 into the ground until only the hooked end is above the ground next to the T7A, T7B, and T8A. Insert the hooked end into the bottom opening of the T7A, T7B, and T8A. Ensure that the hooked end is secure in the T7A, T7B, and T8A opening.



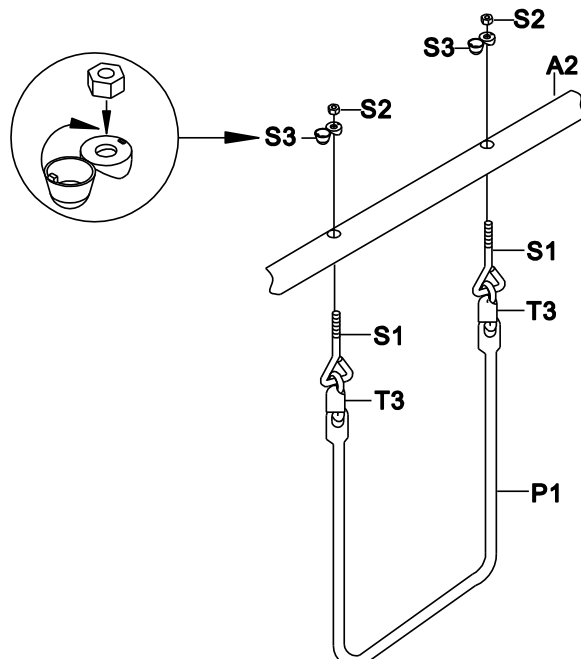
Step 12

- Insert J2 into holes on A2.
- Secure it with J8 and J6.



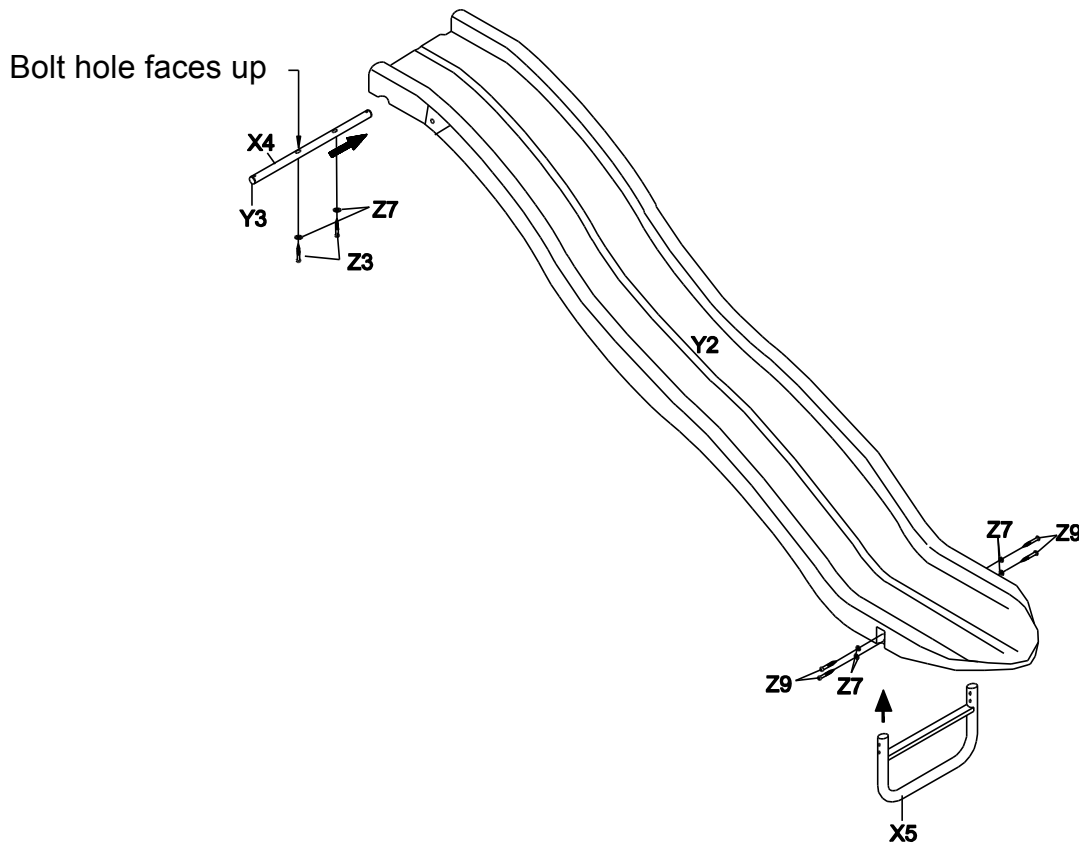
Step 13

- Attach K1 to J3.
- Secure with J7 and J6.



Step 14

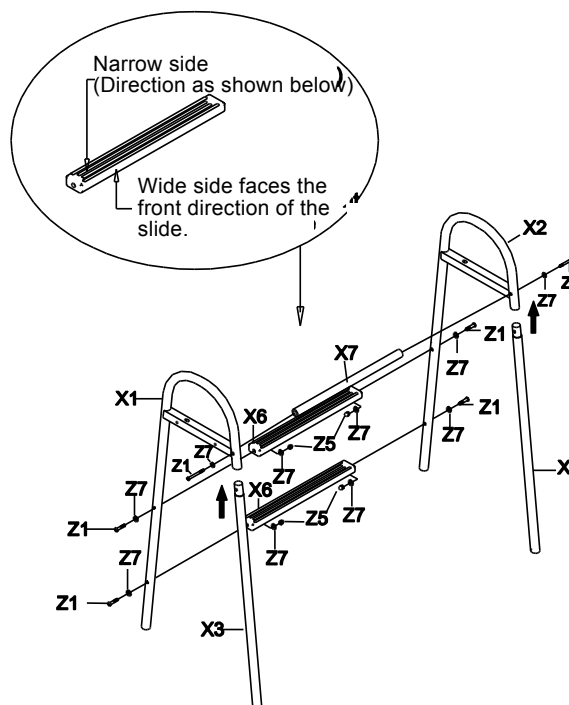
- Attach P1 to S1.
- Attach S1 to A2.
- Secure using S3 and S2.



Step 15

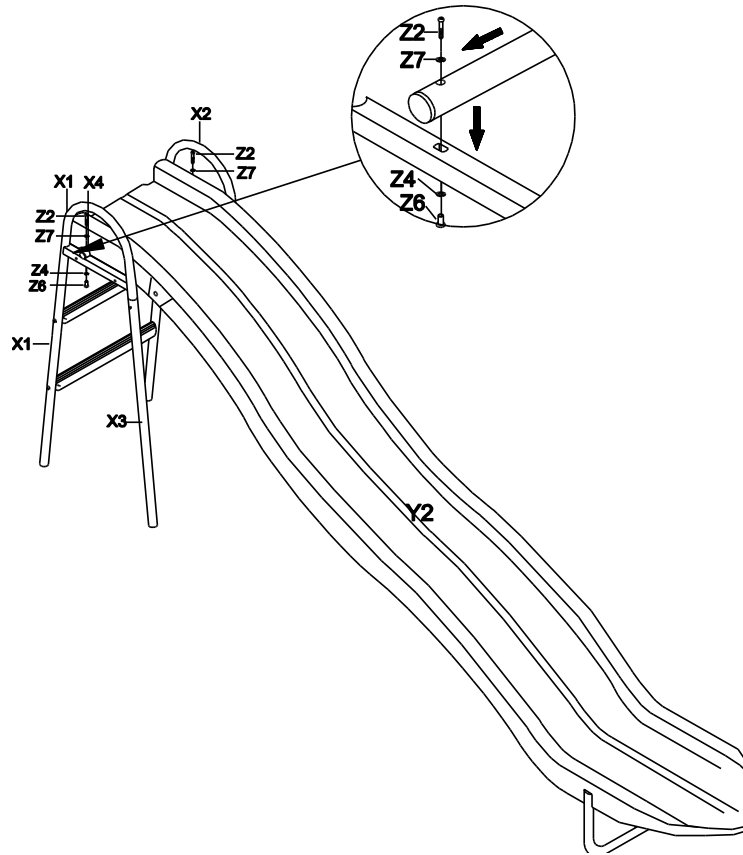
- Attach X5 to Y2.
- Secure using Z7 and Z9.
- Attach X4 to Y2.
- Secure using Z3 and Z7.

Note: Make sure that the bolt holes face up.



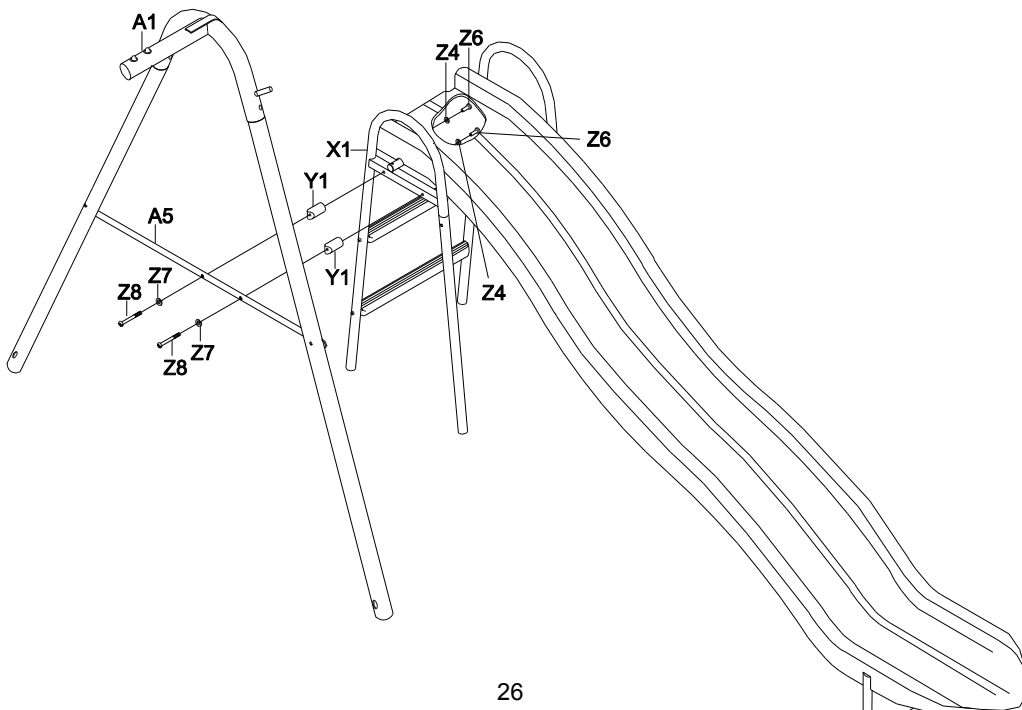
Step 16

- Attach X6 to X1 and X2.
- Secure each side using Z1, Z7, and Z5.
- Attach X3 to X1 and X2.
- Align holes and hold in position.
- Insert Z1 into Z7 and insert into X1, X2, X7, and X3 as shown.



Step 17

- Insert the end of X4 into X1, secure using Z2, Z7, Z4, and Z6 in the same way, fix the other end of X4 to.

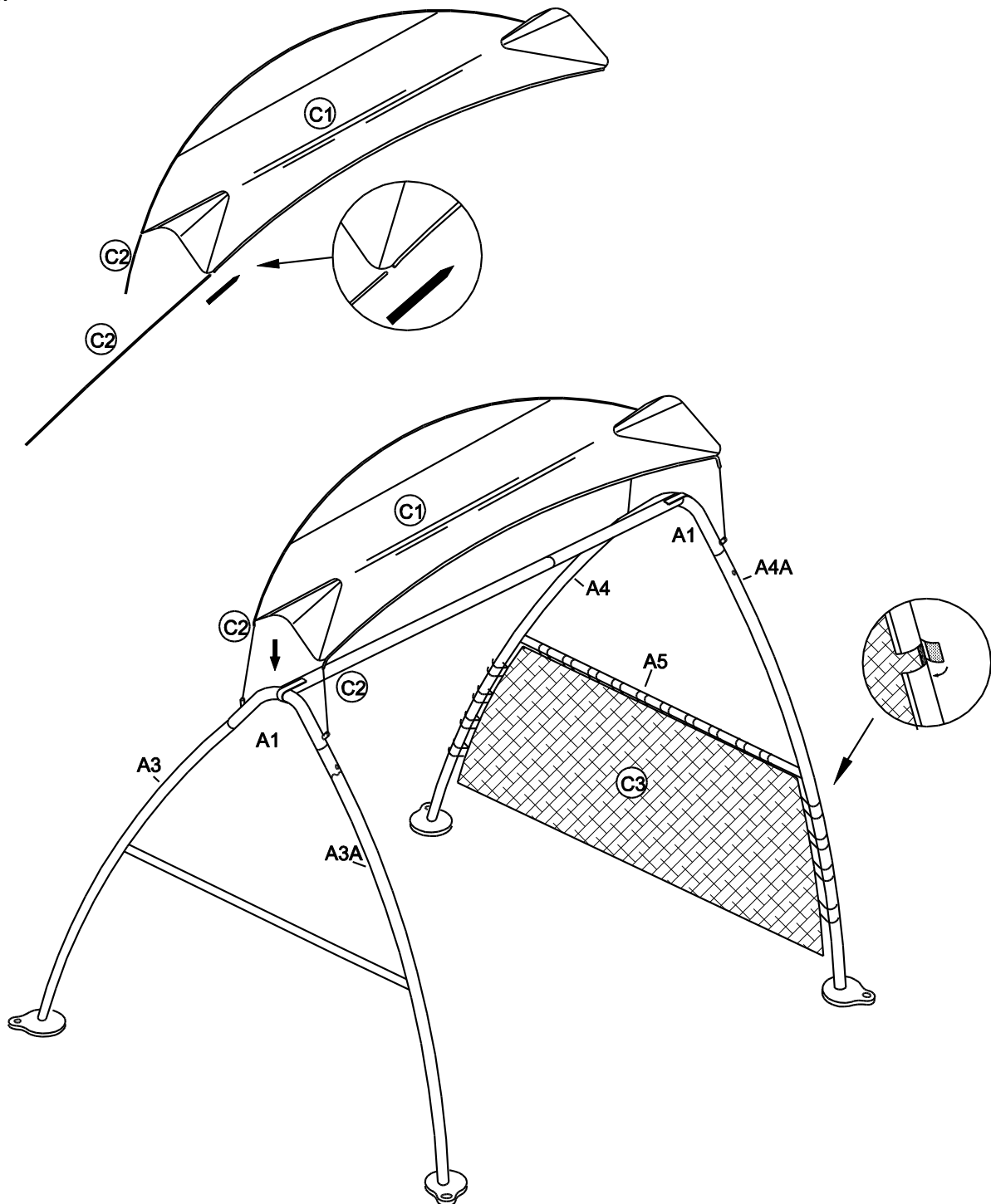


Step 18

- Attach Y1 to X1 and A5, secure using Z8, Z7, Z4, and Z6.

Note: Make sure to go back to check all hardware and securely tighten all bolts and nuts before using the playground equipment.

Warning: Do not let children use the playground equipment until it is properly assembled and anchored.



Step 19

- Insert C2 into the holes on C1.
- Insert C2 into the holes on A1.
- Attach C3 onto the A4, A4A, and A5 with Velcro straps as shown in detailed drawing.

GROUND ANCHOR INSTALLATION

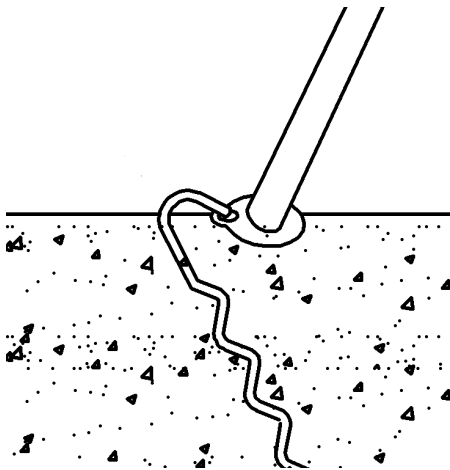
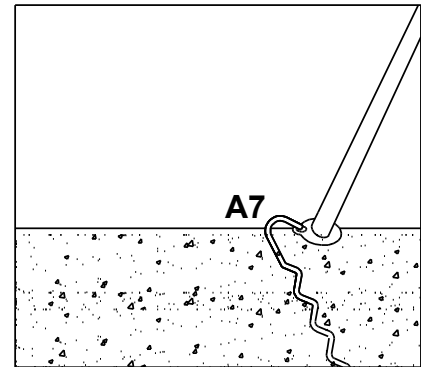
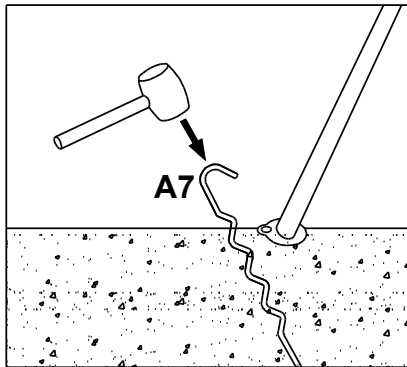
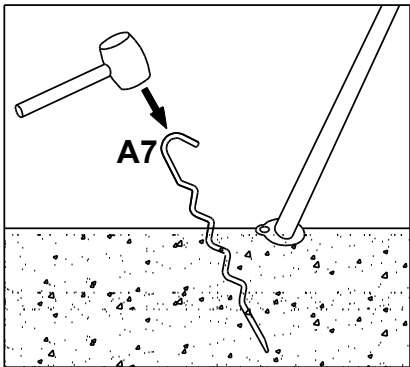
You may either anchor the feet in hard soil or if your soil is soft (sand, etc.), you may use the corkscrew (A7) anchor to secure the playground. If you wish to permanently secure your swing set, setting the legs in concrete secured by a brick or gravel bed is recommended. Ensure equipment is firmly anchored. When cementing equipment, bury the legs about three inches below the ground. This will ensure sufficient space remains under the swings. Be certain that all anchoring devices (including concrete) are placed below the level of the playing surface or below ground level to prevent tripping. Be sure the swing set is located on level ground.

For Soil Ground Installation:

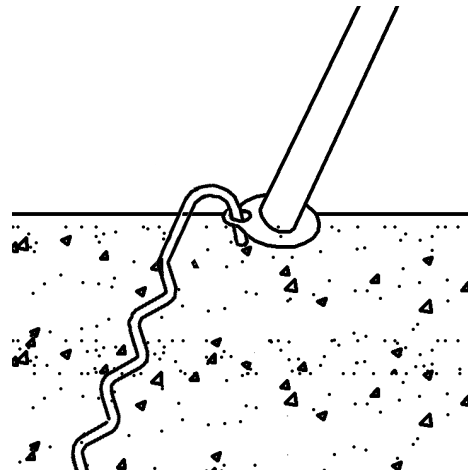
Turn the corkscrew anchor into the ground until only the hooked end is above the ground next to the leg.

Insert the hooked end into the bottom opening of the leg.

Ensure that the hooked end is secure in the leg opening.



Correct

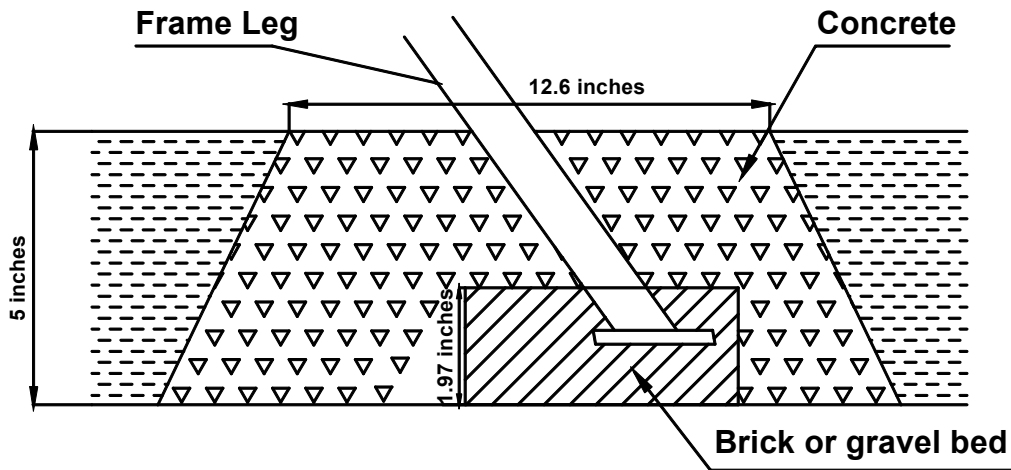


Incorrect

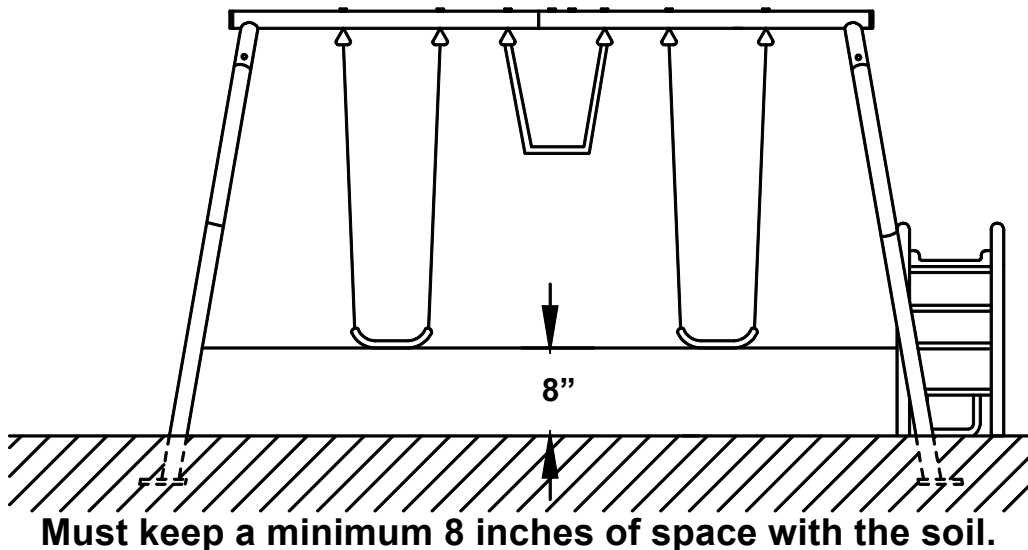
When turning the corkscrew anchor into the ground, please make sure the anchor is roughly perpendicular to the playground feet.

For Concrete Ground Installation:

- If the swing set is set up on grounds with sandy soil, it must be anchored with concrete footing (concrete not included).
- Dig holes around swing leg tube as shown below in drawing. As you dig down and create a cylindrical hole, you should use a shovel to carve out the lower part of the hole, to create a larger diameter hole at the bottom.
- Place 2 inch high brick or 2 inches of gravel bed as shown in drawing below.
- Use about 45lb of concrete per leg.
- Cover concrete with dirt and protective surface material.
- Allow about 6-7 days for concrete to dry properly.



Note: The maximum fall height for this product is 6 feet. The minimum ground clearance between the bottom of the suspended plays and the playing or ground service must be 8 inches.



OFFICIAL USE ONLY

SHIP DATE: _____

TRK #: _____

BACK ORDER: _____